

Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Chip Time	Gun Time
1	23	Luke	Howard	MS	1	M	1	Bodywork XTC	0:16:49.70	0:16:50.90
2	104	Joshua	Varney	MS	2	M	2	Eastbourne Rovers	0:18:14.55	0:18:14.95
3	53	Ross	Brocklehurst	MS	3	M	3	Run Wednesdays	0:18:45.05	0:18:45.55
4	101	Martyn	Reynolds	MS	5	M	5	BRT	0:19:32.75	0:19:33.65
5	103	Danny	Warner	MS	4	M	4	Eastbourne Rovers	0:19:31.20	0:19:33.65
6	17	Paul	Foster	MS	6	M	6		0:19:45.30	0:19:47.60
7	46	Olivia	Webb	FV3	1	F	1	Hailsham Harriers	0:19:55.50	0:19:56.70
8	97	Adam	Osman	MS	7	M	8	HAC	0:19:58.60	0:20:00.00
9	41	Megan	Taylor	FS	1	F	2	Lewes AC	0:20:01.35	0:20:03.20
10	68	Mal	Preece	MV3	1	M	9		0:20:12.85	0:20:13.25
11	109	Stuart	Baker	MV2	2	M	10		0:20:24.20	0:20:26.35
12	115	Daniel	Pearson	MS	8	M	11		0:20:26.90	0:20:28.95
13	117	Ben	McCallion	MS	9	M	12	Hastings AC	0:20:29.50	0:20:31.35
14	27	Fraser	Key	MS	10	M	13	Hastings Runners	0:20:31.20	0:20:33.05
15	99	Giles	Bowner	MS	11	M	14	Hailsham Harriers	0:20:32.10	0:20:33.55
16	59	Toby	Fry	MS	12	M	15		0:20:35.40	0:20:37.95
17	19	Scott	Gosling	MS	13	M	16	Eastbourne Rovers	0:20:49.65	0:20:53.90
18	71	Jenna	Frech	FS	2	F	3	Hastings Runners	0:20:53.05	0:20:55.05
19	73	Phil	Robinson	MV3	2	M	17	Seaford Striders	0:21:05.55	0:21:06.95
20	49	Kevin	Cobb	MV2	3	M	18		0:21:07.40	0:21:10.25
21	98	Aislinn	Darvell	FS	3	F	4	Eastbourne Rovers	0:21:26.10	0:21:30.35
22	3	Ashley	Cahill	MS	14	M	19		0:21:55.50	0:21:59.85
23	36	Dean	Sanders	MV3	3	M	20		0:22:06.45	0:22:08.65
24	112	Mike	Walker	MV2	4	M	21		0:22:23.30	0:22:26.75
25	57	Matt	Dargan	MV1	1	M	22		0:22:29.20	0:22:30.65
26	107	David	Turner	MV1	2	M	23	Bodyshock	0:22:29.00	0:22:33.10
27	38	Gary	Smith	MV2	5	M	24	Heathfield Road Runners	0:22:32.50	0:22:36.50
28	40	Andrew	Swindles	MS	15	M	25		0:22:45.15	0:22:48.40
29	6	Chris	Castleman	MV3	4	M	26		0:22:55.60	0:22:59.60
30	96	Any	Knight	MV3	5	M	27	Hastings Runners	0:22:57.45	0:23:01.20
31	18	Dean	Fox	MV1	3	M	28	Hastings Runners	0:23:00.80	0:23:03.65
32	69	Joshua	Thomas	MS	16	M	29		0:22:57.40	0:23:05.75
33	113	Paul	Howell	MV3	6	M	30		0:23:16.70	0:23:20.00

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34	62	Darren	Fox	MV2	6	M	31	Bodyshock	0:23:34.05	0:23:35.75
35	8	Bryony	Clare	FV1	1	F	5	Heathfield Road Runners	0:23:36.05	0:23:39.75
36	20	Amy	Gudgeon	FS	4	F	6		0:23:44.25	0:23:46.25
37	55	Clare	Lippiatt	FV1	2	F	7	Hastings Runners	0:23:47.60	0:23:49.90
38	102	Gary	Skinner	MV2	7	M	32	Polegate Plodders	0:24:05.60	0:24:10.10
39	114	Ryan	Ellis	MS	17	M	33		0:24:06.90	0:24:12.20
40	100	Nicole	Proudfoot	FS	5	F	8		0:24:11.30	0:24:14.10
41	31	Michelle	Pearce	FV1	3	F	9	Haywards Heath Harriers	0:24:17.05	0:24:19.95
42	44	Richard	Tickner	MV3	7	M	34	Hailsham Harriers	0:24:30.00	0:24:32.85
43	110	Anna	Kwiatkowska	FS	6	F	10	Bodyshock	0:24:42.95	0:24:48.40
44	105	Damon	Pinder	MV3	8	M	35	Bodyshock	0:24:45.25	0:24:50.75
45	94	Eddie	Winter	MV2	8	M	36	Areana	0:24:50.20	0:24:56.10
46	108	Frhan	Ibrahim	MV1	4	M	37		0:25:00.25	0:25:05.85
47	70	Charlotte	Kinrig	FS	7	F	11	Heathfield	0:25:09.85	0:25:14.30
48	39	Steven	Stanfield	MV4	1	M	38		0:25:26.70	0:25:31.45
49	47	Karl	Wheeler	MV3	9	M	39		0:25:38.05	0:25:41.75
50	95	Amanda	Bahadur	FV1	4	F	12		0:25:47.10	0:25:49.90
51	93	Andy	Croft	MV2	9	M	40	BRT	0:25:59.00	0:26:05.35
52	64	Jenni	Wainwright	FS	8	F	13	Hailsham Harriers	0:26:07.40	0:26:11.60
53	42	Vikki	Taylo-Meek	FS	9	F	14		0:26:09.15	0:26:14.20
54	25	Barry	Ingram	MS	18	M	41	Bexhill Runners	0:26:41.15	0:26:47.70
55	116	Louise	Voss	FV2	1	F	15		0:26:43.90	0:26:49.55
56	65	Peter	Cobbett	MV7	1	M	42	Haywards Heath Harriers	0:26:46.00	0:26:50.00
57	33	Tom	Richardson	FV5	1	F	16	1066 Tri Club	0:26:59.50	0:27:06.55
58	58	Faye	Dargan	FS	10	F	17		0:27:27.90	0:27:30.70
59	34	Louise	Rollison	FS	11	F	18		0:27:39.10	0:27:41.55
60	111	Victoria	Sims	FV1	5	F	19	Bodyshock	0:27:38.35	0:27:44.45
61	56	Jodie	French	FV4	2	F	20	Hastings Runners	0:27:38.70	0:27:44.60
62	54	Francis	Walters	MV5	1	M	43		0:27:36.45	0:27:45.40
63	9	Brian	Cope	MV4	2	M	44		0:27:42.25	0:27:47.55
64	43	Helen	Tickner	FV3	2	F	21	Hailsham Harriers	0:28:14.65	0:28:18.05
65	60	Ashley	Boxan	MS	19	M	45	Bodyshock	0:28:38.05	0:28:38.80
66	61	Caroline	Skinner	FV4	3	F	22	Polegate Plodders	0:28:44.30	0:28:49.00

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67	67	Gill	Boorman	FV3	3	F	23	Heathfield	0:29:17.50	0:29:21.95
68	51	Steve	Jarrett	MS	20	M	46		0:29:16.85	0:29:24.20
69	66	Andrea	Brackenbury	FV2	2	F	24		0:29:31.25	0:29:37.15
70	72	Mel	Thomas	FV4	4	F	25	Bodyshock	0:29:47.35	0:29:51.70
71	118	David	Bedwell	MV2	10	M	47		0:29:48.25	0:29:52.40
72	30	Sara	Parham	FV1	6	F	26		0:30:29.70	0:30:37.40
73	63	Sophie	Alexander	FS	12	F	27		0:30:34.85	0:30:41.20
74	22	Pam	Hart	FV7	1	F	28		0:31:33.60	0:31:39.70
75	37	Dagmar	Sandrejova	FV1	7	F	29		0:32:09.20	0:32:14.00
76	12	Tilly	Dalton	FJ	1	F	30		0:32:19.40	0:32:20.30
77	52	Trevor	Tweds	MV6	1	M	48		0:32:34.55	0:32:41.40
78	50	Anthony	Whitehead	MV1	5	M	49		0:32:34.50	0:32:41.45
79	24	Millie	Howitt	FJ	2	F	31		0:34:15.85	0:34:23.55
80	21	Imogen	Harriott	FJ	3	F	32		0:34:15.70	0:34:23.65
81	4	Nicola	Carey	FV2	3	F	33	National Autistic Society Bexhill Branch	0:35:57.35	0:35:59.95
82	106	Natalina	Bonassera	FS	13	F	34	Bodyshock	0:36:56.85	0:37:03.60
83	10	Jodie	Crouch	FS	14	F	35	Bodyshock	0:36:57.10	0:37:04.45
84	48	Lisa	Gurr	FS	15	F	36		0:38:13.45	0:38:14.35
85	15	Vicki	Flanagan	FS	16	F	37		0:41:38.80	0:41:47.15
86	14	Adam	Flanagan	MS	21	M	50	Bodyshock	0:41:39.75	0:41:47.75