

## Harrogate Sprint Triathlon 2015

Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Swim	T1	Bike	T2	Run	Finish
1	193	Mika	Brown	20-24	1	M	1	0:06:02.85	0:00:37.30	0:41:12.35	0:00:41.15	0:17:01.45	1:05:35.10
2	189	Robert	Saxby	25-29	1	M	2	0:06:30.30	0:00:47.95	0:41:32.90	0:00:32.25	0:17:11.15	1:06:34.55
3	197	Andy	Brodziak	35-39	1	M	3	0:07:01.40	0:00:29.55	0:41:14.50	0:00:34.55	0:18:21.65	1:07:41.65
4	161	David	Stevens	50-54	1	M	4	0:09:12.70	0:00:56.15	0:40:16.55	0:00:39.90	0:19:01.50	1:10:06.80
5	183	Peter	Shaw	40-44	1	M	5	0:08:21.10	0:00:53.25	0:44:28.70	0:00:37.00	0:17:35.55	1:11:55.60
6	144	Martin	Wood	30-34	1	M	6	0:09:34.45	0:01:25.80	0:41:34.70	0:01:08.10	0:18:44.60	1:12:27.65
7	218	Andrew	Dobby	40-44	2	M	7	0:10:01.70	0:01:10.55	0:43:41.45	0:00:42.45	0:17:37.15	1:13:13.30
8	172	Sam	Wallis	35-39	2	M	8	0:09:00.85	0:01:31.30	0:43:21.10	0:00:59.10	0:18:28.65	1:13:21.00
9	198	Jason	Ruck	45-49	1	M	9	0:08:41.85	0:00:39.85	0:44:42.15	0:00:34.65	0:18:45.00	1:13:23.50
10	187	Ben	Ralston	35-39	3	M	10	0:08:07.60	0:00:51.05	0:44:35.40	0:00:57.70	0:19:26.60	1:13:58.35
11	200	Emma	Robinson	30-34	1	F	1	0:07:48.50	0:00:50.10	0:46:44.30	0:00:40.45	0:19:19.35	1:15:22.70
12	192	Jenny	Foreman	25-29	1	F	2	0:07:59.85	0:01:01.80	0:46:54.60	0:01:01.50	0:18:25.65	1:15:23.40
13	177	Matt	Letham	40-44	3	M	11	0:08:56.80	0:00:49.25	0:46:01.45	0:00:44.50	0:19:04.95	1:15:36.95
14	165	Tim	Parish	30-34	2	M	12	0:08:59.35	0:00:46.25	0:44:28.05	0:00:42.80	0:21:41.60	1:16:38.05
15	179	Barry	Tease	30-34	3	M	13	0:09:27.25	0:00:52.25	0:46:50.60	0:00:55.00	0:18:50.05	1:16:55.15
16	153	Richard	Horgan	40-44	4	M	14	0:08:19.70	0:01:32.95	0:44:40.05	0:01:20.55	0:21:45.85	1:17:39.10
17	133	Jack	Smale	25-29	2	M	15	0:08:41.50	0:00:48.90	0:45:49.00	0:01:16.95	0:21:33.75	1:18:10.10
18	164	Tom	Wynn	25-29	3	M	16	0:09:24.60	0:00:49.70	0:47:15.60	0:00:50.05	0:19:51.55	1:18:11.50
19	148	Steve	Newell	50-54	2	M	17	0:09:33.50	0:00:41.30	0:47:14.70	0:00:39.15	0:20:11.60	1:18:20.25
20	181	Graham	McKenzie	35-39	4	M	18	0:08:38.40	0:01:22.00	0:47:26.00	0:00:57.45	0:19:58.20	1:18:22.05
21	136	Richard	Frost	45-49	2	M	19	0:08:45.35	0:02:20.80	0:48:04.90	0:01:23.15	0:20:05.50	1:20:39.70
22	84	Andrew	Wheeler	55-59	1	M	20	0:10:34.70	0:01:02.65	0:47:57.70	0:00:52.85	0:20:32.40	1:21:00.30
23	98	Steven	Jackson	40-44	5	M	21	0:11:31.70	0:01:27.65	0:46:55.80	0:01:06.10	0:20:55.20	1:21:56.45
24	204	rachel	Forrest	40-44	1	F	3	0:06:42.05	0:00:50.05	0:51:45.90	0:00:47.40	0:22:04.30	1:22:09.70
25	173	Craig	Foley	40-44	6	M	22	0:11:09.20	0:01:01.80	0:45:56.70	0:01:04.50	0:23:03.50	1:22:15.70
26	108	Lee	Pringle	40-44	7	M	23	0:10:00.50	0:01:21.00	0:47:40.45	0:01:20.35	0:21:59.25	1:22:21.55
27	146	Russell	Brown	55-59	2	M	24	0:11:03.10	0:00:57.00	0:48:11.10	0:00:52.60	0:21:41.60	1:22:45.40
28	191	Vicki	Ruddock	35-39	1	F	4	0:07:57.95	0:01:15.55	0:52:56.05	0:00:43.55	0:19:59.70	1:22:52.80
29	127	Tim	Idle	50-54	3	M	25	0:09:37.90	0:03:00.55	0:48:40.05	0:01:31.75	0:20:19.65	1:23:09.90
30	166	Stuart	Flack	45-49	3	M	26	0:09:42.70	0:01:17.80	0:47:45.95	0:00:50.05	0:23:59.25	1:23:35.75
31	147	James	Millson	30-34	4	M	27	0:09:43.90	0:01:42.65	0:51:16.50	0:00:33.95	0:20:53.10	1:24:10.10
32	112	James	Hartford	25-29	4	M	28	0:08:56.40	0:01:38.85	0:50:40.65	0:01:20.55	0:22:11.20	1:24:47.65

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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Swim	T1	Bike	T2	Run	Finish
33	203	Debbie	Ibberson	40-44	2	F	5	0:07:52.15	0:01:06.65	0:54:19.20	0:00:40.50	0:21:15.85	1:25:14.35
34	70	Peter	Stone	45-49	4	M	29	0:12:11.90	0:01:28.20	0:48:06.30	0:00:47.85	0:22:50.85	1:25:25.10
35	87	Andrew	Hallam	20-24	2	M	30	0:10:58.20	0:02:11.20	0:51:00.75	0:00:38.45	0:20:40.10	1:25:28.70
36	124	Bob	Johnston	70-74	1	M	31	0:09:44.55	0:01:36.45	0:49:27.10	0:01:13.10	0:23:28.80	1:25:30.00
37	73	Nick	Ranns	40-44	8	M	32	0:09:57.00	0:02:15.10	0:50:40.80	0:01:00.40	0:22:07.85	1:26:01.15
38	140	Phil	Rogers	25-29	5	M	33	0:09:04.65	0:01:46.25	0:53:33.45	0:00:36.00	0:21:11.60	1:26:11.95
39	121	Andy	Williams	35-39	5	M	34	0:08:51.05	0:03:18.60	0:48:40.60	0:01:38.65	0:23:53.20	1:26:22.10
40	195	Kirsten	Poynter	40-44	3	F	6	0:07:55.35	0:01:04.85	0:50:21.70	0:00:59.60	0:26:04.35	1:26:25.85
41	174	David	Wilson	40-44	9	M	35	0:08:40.60	0:01:00.80	0:52:42.10	0:01:19.00	0:22:45.40	1:26:27.90
42	176	Simon	Bailey	40-44	10	M	36	0:08:54.80	0:00:57.15	0:52:09.60	0:00:54.95	0:23:54.05	1:26:50.55
43	103	Mathew	Grey	25-29	6	M	37	0:12:50.30	0:04:24.85	0:44:07.75	0:02:43.00	0:22:54.55	1:27:00.45
44	249	Timothy	Fforde	35-39	6	M	38	0:09:31.15	0:01:09.55	0:53:21.95	0:00:34.15	0:22:24.05	1:27:00.85
45	76	Adam	Prentis	50-54	4	M	39	0:10:47.30	0:01:16.10	0:55:02.20	0:00:55.00	0:19:07.50	1:27:08.10
46	125	Karl	Pike	50-54	5	M	40	0:10:11.40	0:01:34.85	0:52:21.10	0:00:50.15	0:22:26.70	1:27:24.20
47	150	Mark	Knight	45-49	5	M	41	0:09:18.00	0:01:26.55	0:53:34.05	0:00:56.45	0:22:36.15	1:27:51.20
48	107	Kevin	Stevens	45-49	6	M	42	0:10:36.20	0:01:20.20	0:52:27.25	0:01:04.10	0:22:46.90	1:28:14.65
49	132	Aaron	Prout	40-44	11	M	43	0:09:30.05	0:01:56.30	0:53:13.45	0:00:50.85	0:23:00.95	1:28:31.60
50	201	Fiona	Dewar	16-19	1	F	7	0:08:09.20	0:00:55.30	0:55:46.10	0:01:00.65	0:22:48.60	1:28:39.85
51	129	Harry	Sime	50-54	6	M	44	0:10:42.35	0:01:53.55	0:52:35.90	0:01:20.60	0:22:13.55	1:28:45.95
52	130	Neil	Lawrence	40-44	12	M	45	0:10:35.55	0:01:34.00	0:52:34.05	0:01:33.05	0:22:59.85	1:29:16.50
53	79	Ian	Furby	45-49	7	M	46	0:10:10.20	0:01:30.10	0:53:52.10	0:00:58.05	0:23:02.55	1:29:33.00
54	169	Kate	Blackie	40-44	4	F	8	0:09:22.55	0:01:18.15	0:54:42.00	0:01:00.35	0:23:33.00	1:29:56.05
55	106	Ruth	Wickens	35-39	2	F	9	0:10:48.60	0:00:58.40	0:55:27.90	0:01:09.70	0:21:47.50	1:30:12.10
56	49	Alistair	Black	30-34	5	M	47	0:10:39.65	0:01:50.55	0:55:12.00	0:00:56.30	0:22:29.30	1:31:07.80
57	119	Simon	Boyle	40-44	13	M	48	0:10:23.80	0:02:13.20	0:55:16.15	0:01:01.95	0:22:16.45	1:31:11.55
58	135	Rob	Tuffin	35-39	7	M	49	0:08:35.75	0:01:52.50	0:55:45.25	0:01:25.25	0:24:02.40	1:31:41.15
59	116	Mark	Hetherington	50-54	7	M	50	0:09:35.90	0:02:08.60	0:54:47.05	0:01:20.95	0:23:51.80	1:31:44.30
60	199	Sarah	Hopkins	20-24	1	F	10	0:07:44.45	0:01:22.85	0:53:55.70	0:01:10.95	0:27:39.05	1:31:53.00
61	163	Jo	Tipling	40-44	5	F	11	0:08:57.45	0:01:30.30	0:56:40.60	0:00:57.25	0:24:18.00	1:32:23.60
62	93	David	Annett	45-49	8	M	51	0:10:38.10	0:01:44.05	0:55:11.20	0:01:05.40	0:24:10.70	1:32:49.45
63	77	Jeff	Parris	55-59	3	M	52	0:12:16.80	0:01:21.90	0:53:21.70	0:00:41.60	0:25:09.20	1:32:51.20
64	171	Neil	Sanderson	40-44	14	M	53	0:10:17.10	0:02:07.95	0:54:29.00	0:00:57.45	0:25:13.30	1:33:04.80

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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Swim	T1	Bike	T2	Run	Finish
65	137	Graeme	Baranyai	30-34	6	M	54	0:09:00.40	0:02:03.60	0:55:34.15	0:01:50.95	0:25:20.35	1:33:49.45
66	128	Chris	Smith	40-44	15	M	55	0:09:17.95	0:02:38.85	0:54:21.55	0:01:17.70	0:26:14.50	1:33:50.55
67	142	Laura	Robinson	25-29	2	F	12	0:09:34.00	0:02:00.00	0:57:22.40	0:00:32.45	0:24:28.55	1:33:57.40
68	184	Tessa	Hartley	30-34	2	F	13	0:09:41.75	0:01:05.15	0:56:46.15	0:00:39.65	0:26:05.25	1:34:17.95
69	180	Emma	Tease	30-34	3	F	14	0:09:00.30	0:01:19.65	0:57:53.95	0:00:54.70	0:25:15.25	1:34:23.85
70	59	Toby	Ward	40-44	16	M	56	0:14:43.50	0:02:09.65	0:54:21.20	0:01:20.05	0:23:03.35	1:35:37.75
71	143	Jon	Blythman	60-64	1	M	57	0:10:58.85	0:01:26.25	0:58:15.85	0:01:12.50	0:24:13.00	1:36:06.45
72	89	Oliver	Holtam	25-29	7	M	58	0:11:43.40	0:02:22.90	0:57:47.20	0:01:07.35	0:23:23.40	1:36:24.25
73	54	Adrian	Cookman	35-39	8	M	59	0:11:11.80	0:01:37.05	0:58:21.60	0:00:50.05	0:24:52.20	1:36:52.70
74	123	Stephen	Jackson	40-44	17	M	60	0:08:16.85	0:01:23.00	0:57:35.40	0:01:06.90	0:28:40.65	1:37:02.80
75	182	Ian	Barclay	45-49	9	M	61	0:11:43.45	0:02:47.35	0:56:18.90	0:01:21.00	0:25:00.85	1:37:11.55
76	91	Andy	Kitlowski	55-59	4	M	62	0:12:21.60	0:01:16.40	0:58:07.30	0:01:29.85	0:24:16.20	1:37:31.35
77	90	Julie	Elders	50-54	1	F	15	0:12:40.95	0:01:40.90	0:57:29.85	0:01:03.80	0:24:54.05	1:37:49.55
78	160	Jasmine	Salih	40-44	6	F	16	0:09:28.25	0:01:36.05	0:59:57.15	0:01:49.85	0:25:13.55	1:38:04.85
79	145	Emily	Wordley	16-19	2	F	17	0:10:38.75	0:01:31.95	1:00:16.65	0:00:47.70	0:25:09.10	1:38:24.15
80	186	Emma	Swarbrick	25-29	3	F	18	0:08:33.75	0:01:48.65	0:56:15.95	0:00:00.00	0:32:00.15	1:38:38.50
81	64	Joan	Broadbank	60-64	1	F	19	0:14:12.50	0:00:43.55	0:53:02.70	0:01:00.00	0:29:44.10	1:38:42.85
82	55	Paul	Murphy	30-34	7	M	63	0:14:28.65	0:01:09.90	0:56:23.25	0:00:47.20	0:26:19.10	1:39:08.10
83	114	Vicky	Tetley	35-39	3	F	20	0:09:17.35	0:01:49.55	1:00:41.30	0:01:22.90	0:26:08.60	1:39:19.70
84	94	Sam	Browne	40-44	18	M	64	0:10:29.85	0:01:23.50	1:01:10.35	0:00:46.10	0:26:09.95	1:39:59.75
85	118	Ben	Tyler	30-34	8	M	65	0:09:51.60	0:01:43.00	0:57:14.05	0:01:16.35	0:30:20.70	1:40:25.70
86	138	Vivienne	Whitelaw	45-49	1	F	21	0:09:08.70	0:02:14.70	0:58:51.20	0:01:15.40	0:29:04.20	1:40:34.20
87	131	Giovanna	Fitzgerald	45-49	2	F	22	0:10:53.45	0:01:34.25	0:59:49.45	0:01:39.35	0:27:18.10	1:41:14.60
88	85	Sarah	Clarke	45-49	3	F	23	0:11:50.40	0:02:46.00	0:57:56.10	0:02:09.65	0:26:45.45	1:41:27.60
89	159	Nadia	El-Awady	45-49	4	F	24	0:11:11.25	0:01:50.60	0:58:57.95	0:01:30.10	0:28:10.35	1:41:40.25
90	170	Gaynor	Beckett	40-44	7	F	25	0:09:12.90	0:00:59.25	1:01:29.80	0:01:03.70	0:29:09.05	1:41:54.70
91	120	Debra	Wheeler	55-59	1	F	26	0:11:34.90	0:01:08.90	1:03:05.45	0:00:37.25	0:25:43.65	1:42:10.15
92	104	Bill	Dowling	40-44	19	M	66	0:11:18.40	0:02:49.00	1:02:59.90	0:00:54.50	0:24:46.70	1:42:48.50
93	72	Hugh	Shedden	35-39	9	M	67	0:10:48.40	0:01:38.55	1:03:08.65	0:01:00.10	0:26:32.55	1:43:08.25
94	62	Helen	Young	35-39	4	F	27	0:12:55.90	0:01:53.00	0:59:40.45	0:01:23.30	0:27:46.65	1:43:39.30
95	52	Anita	Clementson	40-44	8	F	28	0:15:20.45	0:02:47.65	0:57:50.00	0:00:47.65	0:27:01.25	1:43:47.00
96	113	Caroline	Marlow	45-49	5	F	29	0:09:01.15	0:01:39.95	1:05:41.40	0:01:00.60	0:26:41.05	1:44:04.15

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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Swim	T1	Bike	T2	Run	Finish
97	97	Phil	Hill	50-54	8	M	68	0:11:14.15	0:03:03.25	1:01:06.50	0:01:07.70	0:27:52.50	1:44:24.10
98	80	Andrew	Moor	35-39	10	M	69	0:15:30.75	0:02:05.70	1:00:16.00	0:00:50.70	0:25:42.60	1:44:25.75
99	134	Sarah	Van Lopik	35-39	5	F	30	0:07:55.05	0:01:57.40	1:10:35.20	0:00:45.25	0:23:18.90	1:44:31.80
100	96	Rebecca	Barclay	35-39	6	F	31	0:11:24.35	0:02:41.55	1:02:34.90	0:02:25.80	0:25:53.20	1:44:59.80
101	86	Susanne	Holtam	55-59	2	F	32	0:12:11.05	0:02:39.85	1:02:32.05	0:02:04.10	0:25:41.85	1:45:08.90
102	188	Kirstie	Hamilton	35-39	7	F	33	0:08:56.90	0:01:10.35	0:59:07.25	0:01:17.10	0:34:42.00	1:45:13.60
103	51	Heather	Swarbrick	55-59	3	F	34	0:12:57.00	0:02:24.25	0:59:10.85	0:01:29.05	0:29:36.75	1:45:37.90
104	190	Jane	Crotty	25-29	4	F	35	0:11:24.20	0:01:51.00	1:08:48.45	0:01:32.60	0:22:24.05	1:46:00.30
105	58	Richard	Sykes	40-44	20	M	71	0:11:01.40	0:02:00.70	1:06:11.95	0:00:47.55	0:25:58.90	1:46:00.50
106	57	Chris	Rugg	35-39	11	M	70	0:11:34.75	0:02:23.55	1:04:19.60	0:01:18.60	0:26:24.00	1:46:00.50
107	149	Jennie	Knight	40-44	9	F	36	0:10:20.25	0:01:42.35	1:05:02.25	0:00:44.45	0:28:28.85	1:46:18.15
108	102	Joseph	Smith	20-24	3	M	72	0:12:04.45	0:02:05.10	1:08:52.60	0:00:45.05	0:23:21.85	1:47:09.05
109	78	Carl	Read	35-39	12	M	73	0:14:57.00	0:01:54.30	1:02:54.40	0:00:46.40	0:26:37.90	1:47:10.00
110	88	Ian	Wheatley	50-54	9	M	74	0:10:47.75	0:01:15.45	1:02:05.60	0:01:45.25	0:31:47.95	1:47:42.00
111	66	Rich	Idle	45-49	10	M	75	0:10:43.60	0:03:18.55	1:02:56.25	0:02:45.50	0:28:01.35	1:47:45.25
112	168	Deborah	Yates	45-49	6	F	37	0:08:27.45	0:02:51.45	1:07:14.00	0:02:02.85	0:30:06.45	1:50:42.20
113	139	Helen	Downie	45-49	7	F	38	0:09:42.20	0:01:52.05	1:08:56.15	0:01:10.80	0:29:19.45	1:51:00.65
114	81	Rachel	Bush	30-34	4	F	39	0:09:58.80	0:01:57.40	1:07:23.20	0:00:54.20	0:31:16.25	1:51:29.85
115	75	Eamonn	Burke	55-59	5	M	76	0:13:22.25	0:02:54.90	1:08:08.90	0:00:57.75	0:27:21.80	1:52:45.60
116	69	Jonathan	Hurren	35-39	13	M	77	0:12:32.10	0:03:12.85	1:03:14.40	0:01:13.75	0:32:35.65	1:52:48.75
117	100	Charlie	Davison	16-19	1	M	78	0:12:32.15	0:03:00.25	1:12:16.90	0:00:52.10	0:25:13.10	1:53:54.50
118	105	Caterina	Torres	25-29	5	F	40	0:12:30.10	0:02:35.45	1:09:03.90	0:00:58.50	0:30:49.65	1:55:57.60
119	74	Julia	Padgett	35-39	8	F	41	0:12:21.10	0:02:37.15	1:10:25.55	0:01:06.20	0:29:59.50	1:56:29.50
120	71	Ruth	Furby	35-39	9	F	42	0:11:11.90	0:02:41.90	1:07:11.25	0:01:23.85	0:35:46.60	1:58:15.50
121	50	Nick	Stamp	35-39	14	M	79	0:14:03.30	0:02:46.75	1:06:57.20	0:02:49.50	0:33:58.70	2:00:35.45
122	68	Katie	Sims	25-29	6	F	43	0:13:07.35	0:02:12.10	1:13:19.25	0:01:19.85	0:40:34.45	2:10:33.00
123	67	David	Browne	45-49	11	M	80	0:13:02.00	0:02:55.55	1:17:07.85	0:00:59.25	0:37:43.05	2:11:47.70
124	117	Hannah	Carmyllie	16-19	3	F	44	0:10:42.45	0:02:07.80	1:20:52.35	0:01:21.35	0:38:14.95	2:13:18.90
125	63	Matthew	Clark	35-39	15	M	81	0:14:49.90	0:06:49.85	1:19:00.10	0:03:41.55	0:34:07.10	2:18:28.50
DNF	56	Sue	Rugg	35-39	DNF	F	DNF	0:10:37.80	0:01:48.25				
DNF	154	Kathryn	Clark	40-44	DNF	F	DNF	0:11:15.15	0:02:53.55				
DNF	167	Jonny	Eldridge	25-29	DNF	M	DNF	0:09:20.95	0:00:54.00	0:51:08.95	0:00:45.95		