

## Hertfordshire Sprint Triathlon 2015

Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Wave	Swim	T1	Bike	T2	Run	FinishTime
1	126	REECE	BARCLAY	M	1	20-24	1	HODDESDON TRI	2	0:09:42.55	0:00:56.30	0:35:53.05	0:00:33.20	0:18:00.20	1:05:05.30
2	171	JONATHAN	HOGGETT	M	2	35-39	1	TRANSITION TRI	2	0:12:14.40	0:00:33.95	0:36:08.45	0:00:25.85	0:17:15.15	1:06:37.80
3	147	ANTHONY	COLLIER	M	3	25-29	1	HODDESDON TRI	2	0:10:49.90	0:01:00.65	0:34:35.05	0:00:23.10	0:20:18.45	1:07:07.15
4	134	PASKELL	BLACKWELL	M	4	35-39	2	HODDESDON TRI	2	0:12:11.90	0:01:00.65	0:36:06.20	0:00:31.65	0:17:48.60	1:07:39.00
5	209	CHRIS	PRICE	M	5	Junior	1	HODDESDON TRI	2	0:10:23.55	0:00:53.15	0:37:41.55	0:00:29.30	0:18:31.50	1:07:59.05
6	261	HANNAH	KITCHEN	F	1	25-29	1	HILLINGDON TRIATHLETES	3	0:09:19.30	0:00:28.20	0:38:58.45	0:00:27.60	0:19:22.60	1:08:36.15
7	203	GEORGE	PARK	M	6	35-39	3	TRI-FORCE	2	0:11:44.85	0:01:15.85	0:37:26.20	0:00:27.45	0:18:22.90	1:09:17.25
8	179	MIKE	JUBB	M	7	45-49	1	TRI-FORCE	2	0:12:58.20	0:00:52.35	0:35:29.90	0:00:40.45	0:19:16.60	1:09:17.50
9	175	SIMON	JACKSON	M	8	35-39	4	FREEDOM TRI	2	0:11:56.70	0:00:46.10	0:38:25.15	0:00:24.85	0:18:24.30	1:09:57.10
10	156	SCOTT	DIXON	M	9	40-44	1	HEMEL HEMPSTEAD CC TRIATHLON	2	0:12:44.50	0:00:52.45	0:37:37.00	0:00:27.75	0:18:51.10	1:10:32.80
11	256	DAVID	HOPE	M	10	35-39	5		3	0:12:06.65	0:00:59.80	0:38:14.50	0:00:40.40	0:18:32.05	1:10:33.40
12	140	LUCY	CHARLES	F	2	20-24	1	HODDESDON TRI	2	0:09:43.90	0:01:02.35	0:40:11.15	0:00:31.95	0:19:09.15	1:10:38.50
13	226	JONATHAN	WADGE	M	11	35-39	6	TRI-FORCE	2	0:12:51.95	0:00:49.15	0:37:47.60	0:00:31.05	0:19:13.55	1:11:13.30
14	299	MARTIN	POTTER	M	12	45-49	2	LONDON HEATHSIDE	3	0:12:54.15	0:00:52.10	0:40:16.85	0:00:29.75	0:17:45.75	1:12:18.60
15	201	MATT	PAPA	M	13	Junior	2	TRI-FORCE	2	0:10:41.50	0:01:33.55	0:40:30.55	0:00:44.35	0:18:57.60	1:12:27.55
16	137	CHRIS	BROWN	M	14	35-39	7	TRI-FORCE	2	0:12:29.85	0:01:12.85	0:39:36.95	0:00:44.35	0:19:20.60	1:13:24.60
17	228	DIL	WETHERILL	M	15	50-54	1	TEAM TRISPORTS	2						1:14:00.00
18	166	CHRIS	HALL	M	16	35-39	8	TRI-FORCE	2	0:12:12.30	0:01:15.00	0:40:44.10	0:00:41.10	0:19:18.25	1:14:10.75
19	302	SIMON	SHAW	M	17	40-44	2	MARK WHITE COACHING	3	0:13:45.45	0:00:43.80	0:39:30.50	0:00:32.10	0:19:47.15	1:14:19.00
20	208	DAN	POWELL	M	18	40-44	3	S4F TRIATHLON SQUAD	2	0:11:42.80	0:00:42.30	0:40:19.90	0:00:48.20	0:20:53.50	1:14:26.70
21	157	JONATHAN	DOUGLAS	M	19	35-39	9	TRI-FORCE	2	0:14:30.95	0:01:10.35	0:38:35.00	0:00:38.65	0:19:49.00	1:14:43.95
22	130	CHRIS	BELCHER	M	20	40-44	4	FREEDOM TRI	2	0:12:39.75	0:00:42.20	0:38:18.10	0:00:45.20	0:22:20.15	1:14:45.40
23	136	IAN	BRINKLEY	M	21	45-49	3	HODDESDON TRI	2	0:14:09.90	0:00:58.95	0:38:36.20	0:00:36.70	0:20:27.55	1:14:49.30
24	237	MARTY	ROWLAND	M	22	40-44	5		3	0:12:33.60	0:02:08.05	0:38:47.05	0:00:50.10	0:18:46.80	1:15:05.60
25	292	HOWARD	GOLD	M	23	45-49	4	LONDON HEATHSIDE	3	0:15:12.55	0:01:07.30	0:38:58.90	0:00:45.15	0:19:08.90	1:15:12.80
26	232	MARTYN	WISKEN	M	24	40-44	6	HEMEL HEMPSTEAD CC TRIATHLON	2	0:13:57.50	0:01:01.90	0:39:20.25	0:00:33.55	0:20:28.80	1:15:22.00
27	267	STUART	MILLS	M	25	35-39	10	RAMC	3	0:14:22.75	0:00:58.65	0:40:02.10	0:00:38.65	0:19:30.45	1:15:32.60
28	218	CAMERON	SALIH	M	26	Junior	3	S4F TRIATHLON SQUAD	2	0:11:49.30	0:01:10.70	0:41:49.30	0:00:47.50	0:20:04.80	1:15:41.60
29	162	GERRY	FREWIN	M	27	40-44	7	S4F TRIATHLON SQUAD	2	0:14:18.65	0:01:24.55	0:40:35.20	0:00:38.55	0:18:49.60	1:15:46.55
30	133	PETER	BIGGS	M	28	40-44	8	HODDESDON TRI	2	0:11:57.95	0:01:13.55	0:39:59.55	0:00:50.75	0:22:04.80	1:16:06.60
31	279	ANDREW	TAPPIN	M	29	35-39	11	CRYSTAL PALACE TRIATHLETES	3	0:18:41.45	0:00:47.35	0:38:42.15	0:00:25.80	0:17:43.15	1:16:19.90
32	186	FELIX	LANGLEY	M	30	30-34	1	HEMEL HEMPSTEAD CC TRIATHLON	2	0:14:30.10	0:01:14.40	0:40:17.00	0:00:49.00	0:19:32.20	1:16:22.70
33	143	STUART	CLARK	M	31	35-39	12	TRI-FORCE	2	0:14:29.05	0:00:49.70	0:39:56.65	0:00:33.65	0:20:58.15	1:16:47.20
34	159	EMILY	EVANS	F	3	25-29	2	HODDESDON TRI	2	0:12:56.60	0:00:49.30	0:41:02.25	0:00:31.75	0:21:32.60	1:16:52.50
35	152	DAVID	CRAADDOCK	M	32	30-34	2	HODDESDON TRI	2	0:14:20.80	0:01:11.95	0:43:36.65	0:01:01.00	0:17:00.20	1:17:10.60
36	229	SARAH	WHITTLE	F	4	30-34	1	TRANSITION TRI	2	0:12:09.05	0:01:05.65	0:41:49.40	0:00:41.10	0:22:07.15	1:17:52.35
37	211	DAVID	RAYMEN	M	33	40-44	9	HODDESDON TRI	2	0:13:27.00	0:00:56.20	0:42:31.75	0:00:39.50	0:20:30.25	1:18:04.70
38	252	ROBERT	CUNNANE	M	34	30-34	3		3	0:11:47.75	0:01:11.65	0:42:21.35	0:00:53.90	0:21:55.30	1:18:09.95
39	258	CHRIS	HUNT	M	35	40-44	10		3	0:13:04.40	0:01:12.60	0:43:08.40	0:00:42.70	0:20:26.20	1:18:34.30
40	177	ANDREW	JONES	M	36	40-44	11	FREEDOM TRI	2	0:11:50.60	0:01:06.15	0:41:31.45	0:00:38.90	0:23:27.35	1:18:34.45
41	163	LEE	GILCHRIST	M	37	40-44	12	FREEDOM TRI	2	0:15:38.30	0:01:05.75	0:40:20.80	0:00:42.55	0:20:59.50	1:18:46.90
42	240	MATT	LAMBDEN	M	38	25-29	2	TRI-FORCE	2	0:12:00.60	0:01:14.20	0:45:37.55	0:00:48.35	0:19:14.15	1:18:54.85
43	148	MATTHEW	COOKE	M	39	20-24	2	TEAM TRISPORTS	2	0:12:33.80	0:00:45.40	0:43:50.20	0:00:37.30	0:21:09.25	1:18:55.95

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Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Wave	Swim	T1	Bike	T2	Run	FinishTime
44	196	CHRIS	MORRIS	M	40	50-54	2	TRI-FORCE	2	0:13:55.60	0:01:03.50	0:39:56.10	0:00:53.55	0:23:14.10	1:19:02.85
45	135	TERRY	BONNETT	M	41	35-39	13	TRI-FORCE	2	0:10:57.35	0:01:14.95	0:47:14.00	0:00:40.20	0:18:58.00	1:19:04.50
46	153	MICHAEL	DAY	M	42	40-44	13	FREEDOM TRI	2	0:15:09.50	0:00:44.90	0:41:35.70	0:00:34.75	0:21:51.65	1:19:56.50
47	202	ALLIE	PARK	F	5	35-39	1	S4F TRIATHLON SQUAD	2	0:13:51.50	0:00:51.45	0:42:51.10	0:00:35.20	0:21:48.95	1:19:58.20
48	129	HANNAH	BATES	F	6	Junior	1	HODDESDON TRI	2	0:12:37.90	0:00:48.85	0:42:14.95	0:00:29.70	0:23:56.85	1:20:08.25
49	187	LEE	LAWRENCE	M	43	40-44	14	TRANSITION TRI	2	0:13:44.20	0:00:49.40	0:41:34.30	0:00:57.80	0:23:11.75	1:20:17.45
50	217	HAMISH	SABEY-CORKINDALE	M	44	20-24	3	FREEDOM TRI	2	0:13:23.05	0:01:27.50	0:43:55.75	0:01:12.90	0:20:29.45	1:20:28.65
51	132	MARK	BICKNELL	M	45	35-39	14	TRANSITION TRI	2	0:14:09.45	0:01:27.85	0:42:23.85	0:00:56.95	0:21:32.40	1:20:30.50
52	205	RICHARD	PARKER	M	46	50-54	3	JETSTREAM TRI	2	0:13:09.35	0:01:17.85	0:43:23.50	0:00:47.50	0:22:06.35	1:20:44.55
53	158	ANTHONY	DOWNING	M	47	30-34	4	JETSTREAM TRI	2	0:12:16.55	0:01:47.35	0:43:56.50	0:00:56.30	0:21:56.90	1:20:53.60
54	144	TAMSYN	CLARK	F	7	35-39	2	TRI-FORCE	2	0:12:18.75	0:00:58.20	0:44:32.30	0:00:39.55	0:22:28.10	1:20:56.90
55	296	GARRON	GORDON	M	48	35-39	15		3	0:14:07.95	0:01:25.55	0:44:47.60	0:00:52.10	0:19:49.40	1:21:02.60
56	145	DAVID	CLAYTON	M	49	30-34	5	TRI-FORCE	2	0:13:22.60	0:01:24.25	0:44:31.50	0:00:43.10	0:21:16.80	1:21:18.25
57	204	NAOMI	PARK	F	8	30-34	2	TRI-FORCE	2	0:14:44.20	0:01:26.00	0:42:47.90	0:00:46.05	0:21:41.20	1:21:25.35
58	220	THOMAS	SAUKA	M	50	40-44	15	FREEDOM TRI	2	0:17:01.50	0:01:09.45	0:40:57.65	0:00:30.15	0:22:09.65	1:21:48.40
59	278	WILL	STOKES	M	51	25-29	3		3	0:13:24.35	0:01:33.95	0:45:22.55	0:00:30.55	0:21:13.15	1:22:04.55
60	248	DAVID	BULLOCK	M	52	40-44	16		3	0:15:03.65	0:01:35.45	0:45:10.80	0:01:21.05	0:19:30.00	1:22:40.95
61	146	ANDREW	COATES	M	53	55-59	1	JETSTREAM TRI	2	0:15:40.00	0:02:02.80	0:42:43.30	0:01:04.40	0:21:15.30	1:22:45.80
62	246	BRIAN	BRADY	M	54	25-29	4		3	0:14:55.45	0:02:29.50	0:44:10.15	0:00:54.55	0:20:52.40	1:23:22.05
63	264	CHARLES	MARTIN	M	55	35-39	16		3	0:15:19.40	0:01:11.25	0:43:57.95	0:00:42.70	0:22:14.60	1:23:25.90
64	151	SARAH-JANE	COURT	F	9	25-29	3	FREEDOM TRI	2	0:12:01.90	0:01:27.95	0:42:49.45	0:00:40.45	0:26:26.95	1:23:26.70
65	210	DAN	PRUETT	M	56	35-39	17	TRI-FORCE	2	0:15:06.60	0:01:57.70	0:43:46.75	0:00:48.05	0:21:53.30	1:23:32.40
66	298	JACKIE	WASTELL	F	10	50-54	1	LONDON HEATHSIDE	3	0:16:49.20	0:01:22.30	0:42:18.75	0:00:57.25	0:22:47.00	1:24:14.50
67	241	TRACY	ALDRIDGE-JONES	F	11	35-39	3	GADE VALLEY TRI	3	0:14:13.95	0:01:32.85	0:45:10.00	0:00:51.15	0:22:29.40	1:24:17.35
68	236	FRANCESCA	DURBIN	F	12	Junior	2	TRI-FORCE	2	0:11:38.70	0:00:56.90	0:49:52.30	0:00:37.65	0:21:16.00	1:24:21.55
69	249	DAVID	CAPON	M	57	30-34	6		3	0:11:59.05	0:02:14.00	0:46:04.15	0:01:23.90	0:22:45.20	1:24:26.30
70	142	CHRISTOPHER	CLARK	M	58	30-34	7	FREEDOM TRI	2	0:14:40.25	0:02:03.10	0:43:15.90	0:01:09.90	0:21:34.15	1:24:43.30
71	194	DECLAN	MCCABE	M	59	45-49	5	FREEDOM TRI	2	0:14:40.35	0:01:18.30	0:46:19.45	0:00:55.15	0:21:35.80	1:24:49.05
72	291	CATH	HARRIS	F	13	50-54	2		3	0:14:23.35	0:01:02.85	0:45:21.65	0:01:06.05	0:23:22.15	1:25:16.05
73	184	JAMES	KNIGHT	M	60	50-54	4	FREEDOM TRI	2	0:13:56.65	0:01:50.00	0:44:14.25	0:00:46.65	0:24:38.20	1:25:25.75
74	290	MARK	JEX	M	61	40-44	17		3	0:17:00.50	0:01:59.40	0:43:23.70	0:00:58.40	0:22:06.60	1:25:28.60
75	169	HEATHER	HOBBS	F	14	45-49	1	TRI-FORCE	2	0:15:19.15	0:01:44.15	0:42:50.10	0:01:08.75	0:24:33.90	1:25:36.05
76	190	RACHEL	LYNES	F	15	40-44	1	FREEDOM TRI	2	0:13:23.95	0:01:58.05	0:46:49.95	0:00:46.25	0:22:53.60	1:25:51.80
77	266	RUTH	MILLER	F	16	55-59	1	LONDON HEATHSIDE	3	0:15:22.10	0:01:04.60	0:44:41.50	0:00:41.00	0:24:05.75	1:25:54.95
78	161	STEPHEN	FORDHAM	M	62	30-34	8	TRI-FORCE	2	0:15:10.35	0:02:24.90	0:45:26.65	0:00:44.45	0:22:09.70	1:25:56.05
79	233	DEREK	WOOD	M	63	35-39	18	TRANSITION TRI	2	0:13:23.20	0:01:24.60	0:47:37.30	0:01:07.75	0:22:36.55	1:26:09.40
80	174	ANTHONY	JACKSON	M	64	35-39	19	FREEDOM TRI	2	0:16:27.95	0:01:49.45	0:43:08.95	0:01:02.05	0:23:51.05	1:26:19.45
81	149	MONICA	CORCORAN	F	17	30-34	3	FREEDOM TRI	2	0:11:46.35	0:01:24.05	0:47:11.40	0:00:51.20	0:25:21.10	1:26:34.10
82	192	HELEN	MACFARLANE	F	18	40-44	2	TRI-FORCE	2	0:15:38.70	0:01:55.00	0:46:31.45	0:00:50.60	0:21:50.05	1:26:45.80
83	269	ANDREW	PALMER	M	65	50-54	5		3	0:18:21.95	0:03:34.70	0:40:08.25	0:01:20.10	0:23:22.10	1:26:47.10
84	231	MICHAEL	WISE	M	66	60-64	1	TRI-FORCE	2	0:13:56.35	0:01:34.30	0:44:25.80	0:00:58.35	0:26:11.70	1:27:06.50
85	124	DAVID	ALVAREZ	M	67	30-34	9	TEAM TRISPORTS	2	0:14:11.50	0:02:20.40	0:44:23.70	0:01:04.70	0:23:19.45	1:27:19.75
86	281	DAVID	WALTON	M	68	50-54	6	LONDON HEATHSIDE	3	0:14:47.25	0:01:27.65	0:42:52.80	0:00:46.75	0:27:41.55	1:27:36.00

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Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Wave	Swim	T1	Bike	T2	Run	FinishTime
87	176	MARSHA	JENKINS	F	19	40-44	3	HODDESDON TRI	2	0:13:46.05	0:01:42.45	0:45:02.05	0:00:53.35	0:26:13.70	1:27:37.60
88	212	EMMA	RAYMEN	F	20	35-39	4	HODDESDON TRI	2	0:15:22.25	0:00:58.15	0:46:24.80	0:00:44.55	0:24:11.35	1:27:41.10
89	128	GARETH	BATES	M	69	30-34	10	FREEDOM TRI	2	0:15:21.30	0:01:14.90	0:47:36.25	0:00:39.60	0:22:55.35	1:27:47.40
90	185	MARK	LACY	M	70	40-44	18	FREEDOM TRI	2	0:15:45.45	0:01:41.50	0:43:19.75	0:00:59.40	0:24:04.10	1:27:50.20
91	131	ROLAND	BETON	M	71	45-49	6	TRI-FORCE	2	0:17:13.35	0:01:59.05	0:44:41.65	0:00:53.95	0:23:14.80	1:28:02.80
92	200	NATASHA	PACK	F	21	35-39	5	HODDESDON TRI	2	0:15:55.05	0:01:39.95	0:45:42.85	0:00:49.35	0:24:12.75	1:28:19.95
93	139	KEVIN	CONCANNON	M	72	55-59	2	JETSTREAM TRI	2	0:16:59.00	0:02:01.65	0:47:30.30	0:00:50.25	0:20:59.95	1:28:21.15
94	219	PIPPA	MORTIMER	F	22	40-44	4	S4F TRIATHLON SQUAD	2	0:14:17.30	0:01:14.00	0:48:35.10	0:00:55.10	0:23:43.25	1:28:44.75
95	198	JANE	BRITTEN	F	23	40-44	5	FREEDOM TRI	2	0:15:05.00	0:01:12.00	0:48:08.90	0:00:57.15	0:23:22.95	1:28:46.00
96	274	TONY	RUSSELL	M	73	55-59	3		3	0:13:23.40	0:01:24.55	0:45:45.25	0:01:11.90	0:27:10.90	1:28:56.00
97	225	RICHARD	VAUGHAN	M	74	30-34	11	TRI-FORCE	2	0:16:57.15	0:01:05.20	0:46:27.65	0:00:34.90	0:23:55.35	1:29:00.25
98	189	AMY	LEDNOR	F	24	35-39	6	TRI-FORCE	2	0:13:21.80	0:01:30.35	0:48:07.65	0:00:53.85	0:25:17.60	1:29:11.25
99	283	ROBERT	WELSH	M	75	40-44	19		3	0:16:10.90	0:01:32.90	0:45:22.80	0:01:15.35	0:24:58.95	1:29:20.90
100	182	HANNAH	KELLY	F	25	40-44	6	HEMEL HEMPSTEAD CC TRIATHLON	2	0:12:36.20	0:01:26.45	0:48:48.10	0:00:48.95	0:25:54.30	1:29:34.00
101	270	ROB	PARTAKIDES	M	76	40-44	20		3	0:16:21.20	0:04:47.15	0:46:16.40	0:01:13.05	0:21:07.25	1:29:45.05
102	295	HANNAH	CARMICHAEL	F	26	25-29	4	LONDON HEATHSIDE	3	0:14:21.60	0:01:41.55	0:49:16.75	0:00:37.45	0:23:58.30	1:29:55.65
103	165	LUCY	GUEST	F	27	40-44	7	S4F TRIATHLON SQUAD	2	0:15:29.40	0:01:30.70	0:44:48.10	0:01:20.75	0:27:00.50	1:30:09.45
104	125	DAVID	BALL	M	77	35-39	20	FREEDOM TRI	2	0:16:50.80	0:01:42.90	0:47:40.50	0:00:50.15	0:23:34.30	1:30:38.65
105	273	CHARLES	REDFEARN	M	78	60-64	2	LONDON HEATHSIDE	3	0:17:56.20	0:01:29.00	0:46:56.45	0:01:19.05	0:23:15.30	1:30:56.00
106	160	ANNA	FAKE	F	28	35-39	7	TRANSITION TRI	2	0:15:57.75	0:02:27.35	0:47:27.85	0:01:05.25	0:24:11.00	1:31:09.20
107	259	JIM	JEFFREY	M	79	40-44	21		3	0:16:05.70	0:03:16.75	0:46:36.00	0:01:17.95	0:23:58.05	1:31:14.45
108	245	JON	BRADFORD	M	80	45-49	7		3	0:15:46.30	0:01:46.20	0:46:19.80	0:00:51.35	0:26:37.80	1:31:21.45
109	141	MARK	CHEADLE	M	81	35-39	21	FREEDOM TRI	2	0:15:40.75	0:01:08.25	0:45:04.15	0:00:47.20	0:26:43.20	1:31:23.55
110	167	TREVOR	HAMMOND	M	82	50-54	7	JETSTREAM TRI	2	0:14:00.85	0:01:36.70	0:48:01.70	0:00:40.05	0:27:05.50	1:31:24.80
111	294	BEN	THORN	M	83	25-29	5		3	0:14:52.75	0:00:56.55	0:49:28.00	0:00:39.95	0:25:33.15	1:31:30.40
112	123	STEVAN	ALLISON	M	84	50-54	8	FREEDOM TRI	2	0:15:25.95	0:01:26.55	0:44:54.40	0:01:11.90	0:28:40.70	1:31:39.50
113	164	LEWIS	GREEN	M	85	30-34	12	FREEDOM TRI	2	0:17:04.50	0:02:12.60	0:48:47.15	0:00:49.40	0:22:52.40	1:31:46.05
114	150	MATT	COTTER	M	86	40-44	22	FREEDOM TRI	2	0:15:03.95	0:01:53.85	0:45:19.10	0:01:48.70	0:28:05.75	1:32:11.35
115	213	JAMES	RHODES	M	87	35-39	22	FREEDOM TRI	2	0:15:37.00	0:01:42.70	0:48:13.80	0:00:44.30	0:26:12.10	1:32:29.90
116	193	KIMBERLEY	MANGELSHOT	F	29	45-49	2	HODDESDON TRI	2	0:17:16.55	0:01:33.80	0:46:12.90	0:01:03.35	0:26:32.45	1:32:39.05
117	244	MARCEL	BORLIN	M	88	45-49	8		3	0:19:46.40	0:01:50.30	0:44:16.90	0:01:15.50	0:25:49.35	1:32:58.45
118	277	AARON	SKELTON	M	89	40-44	23		3	0:16:38.70	0:02:47.55	0:46:59.50	0:01:16.95	0:26:12.75	1:33:55.45
119	238	KAREN	BARKSHIRE	F	30	45-49	3	JETSTREAM TRI	2	0:15:12.00	0:01:29.90	0:50:16.90	0:00:21.10	0:26:45.60	1:34:05.50
120	122	SARA	ALLEYNE	F	31	30-34	4	HODDESDON TRI	2	0:16:55.00	0:01:48.90	0:47:27.30	0:00:49.85	0:27:06.15	1:34:07.20
121	221	ALYSON	SPRAWSON	F	32	55-59	2	TEAM TRISPORTS	2	0:14:06.80	0:01:58.15	0:50:57.45	0:00:57.15	0:26:47.90	1:34:47.45
122	297	JAMES	WILLIAMS	M	90	40-44	24		3	0:16:41.70	0:02:42.40	0:49:12.40	0:02:06.80	0:24:24.10	1:35:07.40
123	251	ROBERT	CHARLESWORTH	M	91	25-29	6		3	0:16:00.30	0:02:34.20	0:50:31.10	0:00:50.30	0:25:30.05	1:35:25.95
124	191	CAROL	MACDONALD	F	33	40-44	8	HEMEL HEMPSTEAD CC TRIATHLON	2	0:17:19.50	0:01:13.05	0:46:23.15	0:00:48.55	0:30:09.80	1:35:54.05
125	239	GRACE	HOO-QUARTEY	F	34	50-54	3	FREEDOM TRI	2	0:16:56.45	0:01:04.05	0:54:20.40	0:00:43.60	0:23:23.30	1:36:27.80
126	282	ALEX	WELSH	M	92	30-34	13		3	0:17:10.15	0:02:47.65	0:50:39.30	0:01:12.90	0:25:06.40	1:36:56.40
127	178	PAUL	JORDAN	M	93	55-59	4	JETSTREAM TRI	2	0:15:30.90	0:02:51.60	0:47:53.25	0:01:16.35	0:27:26.25	1:36:58.35
128	265	LINDSAY	MELLING	F	35	40-44	9		3	0:18:13.95	0:02:06.30	0:53:09.55	0:00:46.20	0:23:48.50	1:38:04.50
129	243	CARL	BISHOP	M	94	50-54	9		3	0:17:50.55	0:02:42.75	0:45:11.30	0:01:26.00	0:29:04.30	1:38:14.90

## Hertfordshire Sprint Triathlon 2015

Pos	Bib	Firstname	Lastname	Gender	Gender Pos	Cat	Cat Pos	Club	Wave	Swim	T1	Bike	T2	Run	FinishTime
130	293	ALLISON	KAYE	F	36	50-54	4		3	0:20:38.70	0:02:12.60	0:50:18.30	0:01:07.65	0:24:09.95	1:38:27.20
131	234	RICHARD	WRAY	M	95	45-49	9	JETSTREAM TRI	2	0:19:02.30	0:01:32.20	0:48:29.70	0:00:24.30	0:29:00.25	1:38:28.75
132	276	LUKE	SIEGER	M	96	40-44	25		3	0:21:49.65	0:02:48.55	0:48:46.60	0:00:59.20	0:24:22.15	1:38:46.15
133	195	GEOFF	MORGAN	M	97	55-59	5	TRI-FORCE	2	0:20:36.25	0:01:56.05	0:47:26.00	0:00:59.60	0:28:56.35	1:39:54.25
134	121	TRACE	ALLEN	M	98	70-74	1	TRI-FORCE	2	0:16:08.50	0:01:14.70	0:54:03.15	0:00:46.95	0:26:30.90	1:40:44.20
135	257	SAMUEL	HUGGILL	M	99	30-34	14		3	0:18:51.40	0:02:39.90	0:51:43.90	0:01:28.40	0:26:27.75	1:41:11.35
136	275	SARAH	SHEPHERD	F	37	40-44	10		3	0:17:17.70	0:02:48.05	0:48:53.75	0:01:11.70	0:31:05.75	1:41:16.95
137	268	MATTHEW	NEWTON	M	100	30-34	15		3	0:23:00.90	0:03:15.75	0:48:39.65	0:00:46.20	0:25:57.05	1:41:39.55
138	235	ROBERT	WRIGHT	M	101	45-49	10	JETSTREAM TRI	2	0:17:14.55	0:02:03.80	0:54:56.15	0:00:57.80	0:27:41.40	1:42:53.70
139	286	MICHAEL	WILKINS	M	102	45-49	11	ST ALBANS STRIDERS	3	0:21:35.60	0:02:34.75	0:50:16.80	0:01:20.65	0:27:50.90	1:43:38.70
140	207	MICHELE	POLLACK	F	38	45-49	4	JETSTREAM TRI	2	0:18:32.70	0:02:02.60	0:55:05.55	0:00:39.20	0:27:45.70	1:44:05.75
141	280	CRAIG	THOMAS	M	103	30-34	16		3	0:17:02.35	0:04:08.65	0:49:15.75	0:01:16.70	0:33:11.55	1:44:55.00
142	181	SARAH	KAFETZ	F	39	40-44	11	JETSTREAM TRI	2	0:14:47.60	0:01:31.30	0:55:00.00	0:00:55.65	0:33:03.45	1:45:18.00
143	289	ANDREW	DIXON	M	104	45-49	12		3	0:15:16.10	0:02:53.10	0:56:36.75	0:01:41.65	0:28:57.35	1:45:24.95
144	127	KELLY	BATEMAN	F	40	30-34	5	TRI-FORCE	2	0:15:42.65	0:02:19.10	0:55:15.80	0:01:24.85	0:31:27.80	1:46:10.20
145	183	IAN	KNIGHT	M	105	55-59	6	JETSTREAM TRI	2	0:20:46.85	0:01:34.50	0:53:40.30	0:01:21.80	0:30:00.65	1:47:24.10
146	224	SARAH	TAYLOR	F	41	35-39	8	FREEDOM TRI	2	0:16:58.15	0:02:27.30	0:53:55.45	0:01:39.95	0:32:28.85	1:47:29.70
147	285	HELEN	WHITEHURST	F	42	50-54	5		3	0:19:09.55	0:03:14.35	0:57:17.60	0:00:48.85	0:27:02.80	1:47:33.15
148	242	JOHN	ANDERSON	M	106	50-54	10	HERTS POLICE TRI CLUB	3	0:23:01.60	0:02:27.45	0:53:53.65	0:01:14.80	0:27:01.20	1:47:38.70
149	247	KAREN	BUCKLE	F	43	40-44	12		3	0:16:30.80	0:02:01.70	1:03:05.20	0:00:55.85	0:27:52.00	1:50:25.55
150	197	JOHN	NUGENT	M	107	70-74	2	HODDESDON TRI	2	0:19:44.65	0:01:59.95	0:54:44.50	0:00:56.80	0:33:26.80	1:50:52.70
151	199	JULIE	O'KEEFFE	F	44	50-54	6	TRI-FORCE	2	0:19:17.20	0:02:59.35	1:08:44.80	0:00:57.65	0:36:55.35	2:08:54.35
DQ	300	ANDREW	MURPHY	M	DQ	35-39	DQ		3	0:12:54.15	0:00:52.10	0:40:16.85	0:00:29.75	0:17:45.75	1:12:18.60
DQ	284	DYLAN	WENDLEKEN	M	DQ	40-44	DQ	GADE VALLEY TRI	3	0:11:49.70	0:01:28.15	0:42:23.00	0:00:59.70	0:19:25.25	1:16:05.80
DQ	254	NICK	EVANS	M	DQ	50-54	DQ	DAVID LLOYD HATFIELD	3	0:13:34.05	0:02:19.75	0:51:33.25	0:01:28.70	0:14:01.15	1:22:56.90
DQ	168	SUZY	HAWKINS	F	DQ	35-39	DQ	FREEDOM TRI	2	0:14:15.20	0:01:14.30	0:43:07.65	0:00:41.55	0:22:55.80	1:22:14.50
DQ	250	PAUL	CHARLESWORTH	M	DQ	25-29	DQ		3	0:19:20.15	0:01:46.05	0:46:36.90	0:00:59.35	0:24:29.35	1:35:11.80
DNF	301	JONATHAN	HART-SMITH	M	DNF	35-39	DNF	FREEDOM TRI	2	0:13:16.10	0:01:24.40	0	0:00:00.00	0	0
DNF	227	KEVIN	WALDEN	M	DNF	30-34	DNF	TRI-FORCE	2	0:10:59.90	0:00:00.00	0	0:00:00.00	0	0
DNF	188	NAT	LAWRENCE	F	DNF	25-29	DNF	TRANSITION TRI	2	0:11:11.15	0:00:47.50	0:41:20.70	0	0	0
DNF	180	ALEX	JUGGINS	M	DNF	25-29	DNF	TRI-FORCE	2	0:10:24.00	0:00:48.50	0	0:00:00.00	0	0
DNF	155	MICHAEL	DIXON	M	DNF	70-74	DNF	HEMEL HEMPSTEAD CC TRIATHLON	2	0:16:16.70	0:01:19.70	0:45:37.25	0:00:54.60	0	0