

Ilkley Triathlon
21/09/2014

Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
1	406	3 Men in a Tub		Team	1	T	1		0:08:18.30	0:01:00.35	0:28:11.70	0:00:36.15	0:18:26.75	0:56:33.25
2	409	Throw in a Towler		Team	2	T	2		0:07:15.00	0:00:51.85	0:27:47.90	0:00:32.35	0:20:36.50	0:57:03.60
3	376	Mika	Brown	M20	1	M	1	Jackpot Racing / LBT	0:06:38.80	0:01:02.10	0:30:03.15	0:00:35.30	0:18:54.55	0:57:13.90
4	362	Mark	Tobin	M40	1	M	2		0:08:44.05	0:00:52.80	0:28:43.95	0:00:35.30	0:19:29.90	0:58:26.00
5	408	Crosstrax		Team	3	T	3		0:08:05.30	0:00:50.45	0:29:41.70	0:00:30.75	0:19:19.90	0:58:28.10
6	368	Ben	Leaver	M30	1	M	3	albaRosa CC	0:08:56.45	0:01:26.20	0:28:23.95	0:00:45.65	0:19:21.25	0:58:53.50
7	370	Robert	Whitaker	M30	2	M	4		0:07:14.40	0:01:05.60	0:30:03.40	0:00:37.70	0:19:57.25	0:58:58.35
8	358	Craig	McKay	M40	2	M	5		0:07:47.90	0:01:37.25	0:29:26.20	0:00:46.90	0:20:22.60	1:00:00.85
9	361	Charles	Lines	M50	1	M	6	Blue Lagooners	0:08:55.70	0:01:10.35	0:30:18.10	0:00:42.25	0:18:58.40	1:00:04.80
10	353	Garreth	Humphries	M40	3	M	7	Holmfirth Harriers	0:08:30.55	0:00:55.70	0:29:44.00	0:00:37.70	0:20:26.50	1:00:14.45
11	333	Ralph	Tench	M45	1	M	8	Ilkley Harriers/CC	0:09:06.15	0:01:02.00	0:29:28.15	0:00:40.70	0:20:08.05	1:00:25.05
12	367	Jason	Broadley	M40	4	M	9		0:08:05.85	0:00:00.00	0:31:04.35	0:00:39.60	0:21:16.15	1:01:05.95
13	328	Philip	Howard	M40	5	M	10		0:09:24.35	0:01:07.60	0:30:21.35	0:00:54.25	0:19:21.50	1:01:09.05
14	338	Greg	Weatherhead	M20	2	M	11	Abbey Runners	0:08:46.20	0:01:17.70	0:30:39.50	0:01:00.00	0:20:10.10	1:01:53.50
15	334	Ian	Furlong	M30	3	M	12	albaRosa CC	0:09:20.50	0:01:06.70	0:30:12.35	0:00:48.30	0:20:46.40	1:02:14.25
16	95	Matthew	Hobbs	M20	3	M	13	Last of Leeds Met-hicans	0:09:29.85	0:01:24.75	0:30:13.45	0:00:52.85	0:18:15.25	1:02:16.15
17	345	Ian	Legg	M50	2	M	14	Wetherby Runners	0:08:41.15	0:01:02.05	0:31:11.10	0:00:36.75	0:20:45.20	1:02:16.25
18	298	Neil	Holloway	M40	6	M	15	LBT	0:09:42.80	0:01:01.25	0:30:20.10	0:00:34.45	0:20:38.30	1:02:16.90
19	234	Ben	Still	M40	7	M	16	Overoptimists	0:09:56.45	0:01:25.40	0:30:41.60	0:00:52.70	0:19:32.55	1:02:28.70
20	363	Sam	Meeres	M30	4	M	17		0:09:30.55	0:01:30.10	0:30:46.60	0:00:58.85	0:19:53.20	1:02:39.30
21	412	Team Stott		Team	4	T	4		0:06:54.55	0:00:57.55	0:28:30.30	0:00:40.30	0:25:41.65	1:02:44.35
22	369	Mike	Furby	M40	8	M	18	Valley Striders AC	0:07:45.80	0:01:19.30	0:31:00.45	0:00:52.55	0:21:47.05	1:02:45.15
23	343	David	Pringle	M45	2	M	19	Wharfedale Bog Monkeys	0:08:33.05	0:01:47.00	0:29:16.55	0:00:55.75	0:22:48.85	1:03:21.20
24	356	Jamie	Matu	M20	4	M	20	Last of Leeds Met-hicans	0:08:59.65	0:01:13.45	0:31:07.70	0:00:40.15	0:21:35.35	1:03:36.30
25	402	The Jacques		Team	5	T	5		0:09:17.85	0:00:57.05	0:31:03.25	0:00:32.70	0:22:00.55	1:03:51.40
26	93	James	Nobles	M20	5	M	21	Last of Leeds Met-hicans	0:11:08.55	0:01:57.30	0:31:34.00	0:00:27.40	0:18:53.35	1:04:00.60
27	310	Mark	Summerson	M40	9	M	22	LBT	0:09:28.95	0:01:06.60	0:30:03.80	0:00:40.75	0:23:04.70	1:04:24.80
28	295	John	Featherstone	M40	10	M	23	Blue Lagooners	0:09:51.10	0:01:33.45	0:32:23.50	0:00:39.60	0:20:04.90	1:04:32.55
29	344	Simon	Warner	M40	11	M	24		0:11:02.80	0:01:30.90	0:29:42.15	0:00:55.40	0:21:22.10	1:04:33.35
30	331	Simon	Mettrick	M45	3	M	25		0:08:57.45	0:01:18.35	0:31:55.35	0:00:49.60	0:21:33.10	1:04:33.85
31	321	Jonathan	Schneider	M20	6	M	26	Ilkley Harriers	0:10:59.00	0:02:38.65	0:29:05.60	0:01:07.35	0:21:05.10	1:04:55.70
32	293	Bob	Wyatt	M45	4	M	27		0:09:31.15	0:01:54.60	0:31:09.95	0:00:51.55	0:21:45.20	1:05:12.45
33	342	Adrian	Bastow	M45	5	M	28		0:09:04.55	0:00:56.45	0:33:29.10	0:00:43.95	0:21:12.60	1:05:26.65
34	211	Tim	Swann	M40	12	M	29	LBT	0:10:55.90	0:01:23.25	0:30:40.50	0:00:46.00	0:21:48.20	1:05:33.85
35	17	Steve	Newell	M45	6	M	30	Ilkley Harriers	0:10:05.90	0:01:02.55	0:32:42.20	0:00:38.15	0:21:17.95	1:05:46.75
36	307	John-Paul	Bednarek	M30	5	M	31	Team Burn Machine	0:09:51.50	0:01:30.10	0:32:24.35	0:00:56.45	0:21:04.50	1:05:46.90
37	304	Philip	Berry	M30	6	M	32	Wakefield Tri	0:08:24.80	0:01:28.10	0:31:36.70	0:01:00.50	0:23:26.15	1:05:56.25
38	45	Jeff	Green	M45	7	M	33		0:09:38.25	0:01:34.15	0:34:53.80	0:00:49.25	0:19:05.40	1:06:00.85
39	218	David	Arnold	M40	13	M	34	Craven Energy	0:10:47.45	0:01:31.80	0:31:08.45	0:00:46.05	0:21:48.75	1:06:02.50
40	399	Batty Boys		Team	6	T	6		0:09:21.70	0:00:57.70	0:32:36.55	0:00:38.05	0:22:41.75	1:06:15.75

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41	341	Matthew	Renier	M30	7	M	35	LBT	0:09:06.85	0:01:57.15	0:32:11.30	0:00:55.40	0:22:07.80	1:06:18.50
42	233	David	Craske	M45	8	M	36		0:10:09.75	0:01:10.60	0:33:05.90	0:01:01.90	0:21:19.60	1:06:47.75
43	314	Gill	Edmondson	F30	1	F	1	Wetherby Runners	0:09:07.85	0:01:16.35	0:32:34.45	0:00:50.25	0:23:08.90	1:06:57.80
44	216	Jez	Burnham	M40	14	M	37		0:10:15.75	0:01:44.20	0:32:53.85	0:01:01.95	0:21:11.55	1:07:07.30
45	283	William	McCaffrey	M50	3	M	39	Valley Striders AC	0:09:57.60	0:01:55.20	0:31:35.35	0:00:57.20	0:22:55.00	1:07:20.35
46	261	Richard	Cook	M20	7	M	40		0:10:21.60	0:01:47.55	0:31:07.85	0:00:56.50	0:23:09.05	1:07:22.55
47	300	Emile	Cairress	MJ	1	M	41		0:08:33.50	0:01:42.75	0:38:54.80	0:00:55.90	0:17:22.65	1:07:29.60
48	352	Hannah	Riechert	F20	1	F	2		0:08:46.45	0:01:24.30	0:33:37.05	0:00:57.80	0:22:54.15	1:07:39.75
49	400	Over&Under		Team	7	T	7		0:10:32.10	0:00:59.05	0:33:35.80	0:00:33.35	0:22:09.20	1:07:49.50
50	401	Ilkley Mamils		Team	8	T	8		0:09:57.65	0:01:05.40	0:34:25.45	0:00:39.85	0:21:47.30	1:07:55.65
51	277	Josh	Horton	M20	8	M	42		0:09:52.50	0:01:43.85	0:31:52.65	0:01:00.55	0:23:29.35	1:07:58.90
52	411	Aqua Stars Academy B		Team	9	T	9		0:06:32.20	0:01:14.35	0:35:37.45	0:00:44.55	0:24:06.95	1:08:15.50
53	278	Kali	Exley	F40	1	F	3	Craven Energy	0:11:09.05	0:01:31.20	0:32:04.50	0:00:52.30	0:24:38.55	1:08:15.60
54	292	Iain	Wild	M40	15	M	43		0:10:28.15	0:01:48.65	0:31:59.75	0:01:12.20	0:22:55.30	1:08:24.05
55	282	Michael	Lomas	M20	9	M	44	Spooner	0:10:18.10	0:02:08.20	0:32:00.85	0:01:10.75	0:22:48.80	1:08:26.70
56	339	Andy	Bewell	M45	9	M	45	LBT	0:09:06.95	0:01:08.20	0:33:48.75	0:00:37.90	0:23:59.70	1:08:41.50
57	272	Janet	Grace	F45	1	F	4	LBT	0:10:30.45	0:01:17.00	0:32:17.35	0:01:06.00	0:23:39.20	1:08:50.00
58	349	Leigh	Marklew	M45	10	M	46		0:08:18.20	0:01:57.25	0:34:01.70	0:00:55.85	0:23:37.85	1:08:50.85
59	365	Zoe	Kitching	FY	1	F	5	LBT	0:08:08.05	0:00:59.00	0:33:47.80	0:00:38.65	0:25:19.65	1:08:53.15
60	332	Rachel	McKay	F30	2	F	6	Ilkley Harriers	0:08:06.80	0:01:16.55	0:36:20.70	0:00:42.00	0:22:27.65	1:08:53.70
61	110	Wayne	Hampshire	M50	4	M	47		0:10:25.95	0:01:19.40	0:34:01.60	0:00:45.95	0:22:31.50	1:09:04.40
62	69	Gary	Hatch	M50	5	M	48	LBT	0:10:01.15	0:01:21.85	0:33:45.65	0:00:42.50	0:23:23.70	1:09:14.85
63	253	Charles	Oxtoby	M50	6	M	49	Ilkley CC	0:11:12.15	0:01:22.70	0:31:46.40	0:01:08.00	0:23:45.75	1:09:15.00
64	178	Graham	McKenzie	M30	8	M	50	LBT	0:10:06.75	0:01:42.60	0:35:35.00	0:01:10.30	0:20:44.00	1:09:18.65
65	405	Aqua Stars Academy A		Team	10	T	10		0:08:25.30	0:00:59.15	0:36:56.05	0:00:34.95	0:22:23.50	1:09:18.95
66	224	Simon	Williams	M50	7	M	51	Ritz Rebels	0:10:41.75	0:01:28.45	0:34:13.05	0:00:59.60	0:22:35.05	1:09:57.90
67	359	Tim	Buckingham	M40	16	M	52		0:10:32.90	0:01:45.70	0:34:25.65	0:00:37.70	0:22:40.20	1:10:02.15
68	327	Sunny	Curwen	M40	17	M	53	Calderdale Tri Club	0:11:33.25	0:01:11.95	0:33:20.90	0:00:49.45	0:23:22.35	1:10:17.90
69	316	Roger	Tilbrook	M50	8	M	54	LBT	0:10:16.00	0:01:25.45	0:33:44.35	0:00:47.60	0:24:15.95	1:10:29.35
70	394	Longman		Team	11	T	11		0:09:09.65	0:01:08.25	0:34:22.75	0:00:40.85	0:25:10.50	1:10:32.00
71	186	Emma	Stoney	F30	3	F	7		0:10:48.45	0:01:48.90	0:34:48.25	0:01:05.85	0:22:12.65	1:10:44.10
72	308	Kingsley	Melville	M45	11	M	55		0:07:51.30	0:01:54.20	0:33:37.00	0:01:09.55	0:26:14.15	1:10:46.20
73	221	Nuno	Cesar de Sa	M40	18	M	56	Skyrac AC	0:10:20.85	0:01:26.45	0:35:42.95	0:01:01.85	0:22:14.45	1:10:46.55
74	168	Nick	Crompton	M50	9	M	57		0:11:46.85	0:01:38.30	0:34:42.45	0:01:06.50	0:21:38.35	1:10:52.45
75	100	Kevin	Nicholas	M50	10	M	58	Dragons	0:12:12.90	0:02:01.65	0:34:38.10	0:01:06.90	0:20:57.15	1:10:56.70
76	123	Ben	Roberts	M40	19	M	59		0:08:59.45	0:01:28.85	0:35:25.45	0:00:50.50	0:24:16.75	1:11:01.00
77	312	Richard	Eccles	M40	20	M	60		0:09:10.70	0:01:43.55	0:35:22.60	0:01:14.10	0:23:39.90	1:11:10.85
78	410	Hoof Hearted		Team	12	T	12		0:06:26.45	0:01:07.70	0:38:14.55	0:00:34.65	0:24:55.05	1:11:18.40
79	403	Rodgers's Army		Team	13	T	13		0:13:04.30	0:01:31.10	0:35:30.70	0:00:37.75	0:20:45.30	1:11:29.15
80	229	John	Hayes	M45	12	M	61	Ilkley Harriers	0:10:20.95	0:01:44.40	0:36:49.40	0:00:42.05	0:22:00.70	1:11:37.50

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81	235	Dan	Stapleton	M30	9	M	62		0:10:14.55	0:01:26.65	0:35:42.95	0:00:57.90	0:23:16.30	1:11:38.35
82	354	Luke	Turnbull	M40	21	M	63	LBT	0:08:30.55	0:01:32.05	0:35:03.85	0:01:00.50	0:25:50.30	1:11:57.25
83	269	James	Coates	MY	1	M	64		0:10:43.30	0:02:10.20	0:32:34.50	0:00:51.20	0:25:40.25	1:11:59.45
84	390	Team Tommo		Team	14	T	14		0:11:03.85	0:01:09.40	0:33:42.10	0:00:40.30	0:25:25.50	1:12:01.15
85	113	Steven	Butts	M40	22	M	65	LBT	0:10:58.85	0:03:06.55	0:32:48.80	0:02:04.05	0:23:05.00	1:12:03.25
86	303	Nicola	Empson	F30	4	F	8	Baildon Runners	0:09:42.25	0:01:59.30	0:34:40.25	0:01:43.85	0:24:05.30	1:12:10.95
87	268	Stephen	Hanson	M50	11	M	66	Craven Energy	0:11:47.50	0:02:27.55	0:33:41.05	0:01:07.80	0:23:10.50	1:12:14.40
88	257	Daniel	Gatsby	M20	10	M	67		0:11:52.20	0:01:15.95	0:33:01.30	0:01:08.75	0:24:56.85	1:12:15.05
89	227	Rebecca	Cesar de Sa	F30	5	F	9	Skyrac AC	0:09:43.00	0:02:07.60	0:38:59.00	0:01:12.55	0:20:14.15	1:12:16.30
90	279	Sophie	Waterhouse	F20	2	F	10	LBT	0:09:09.30	0:02:03.05	0:35:42.80	0:01:01.20	0:24:26.15	1:12:22.50
91	126	Michael	Duffield	M45	13	M	68	Ilkley Harriers	0:13:09.20	0:01:32.80	0:33:39.95	0:00:57.15	0:23:21.35	1:12:40.45
92	156	Cicero	Felipe	M45	14	M	69		0:12:17.40	0:02:37.95	0:33:31.75	0:01:13.70	0:23:07.80	1:12:48.60
93	267	Elias	Belmonte	M30	10	M	70		0:10:23.15	0:01:54.95	0:34:10.35	0:01:09.85	0:25:14.05	1:12:52.35
94	245	Brian	Ford	M50	12	M	71		0:10:15.35	0:01:30.20	0:34:30.10	0:01:35.65	0:25:04.05	1:12:55.35
95	182	Bob	Johnston	M60	1	M	72	LBT	0:11:38.80	0:01:42.65	0:34:06.70	0:01:04.25	0:24:24.85	1:12:57.25
96	140	Stephen	Hopkins	M50	13	M	73		0:10:49.75	0:01:41.45	0:34:55.40	0:01:00.95	0:24:37.10	1:13:04.65
97	311	Lee	Burnett	M30	11	M	74	LBT	0:09:44.95	0:01:46.70	0:36:00.40	0:00:56.70	0:24:37.35	1:13:06.10
98	246	David	Waring	M50	14	M	75	Ilkley CC	0:10:29.55	0:01:49.30	0:35:38.00	0:00:51.40	0:24:20.90	1:13:09.15
99	209	Mark	Elam	M45	15	M	76		0:11:07.05	0:01:42.25	0:35:44.30	0:01:01.35	0:23:36.20	1:13:11.15
100	241	Jonathan	Wilson	M20	11	M	77		0:10:11.25	0:01:44.75	0:36:37.20	0:00:56.85	0:23:43.35	1:13:13.40
101	225	Michael	Tinker	M60	2	M	78	Valley Striders AC	0:11:38.05	0:01:36.20	0:35:08.50	0:00:58.25	0:23:54.15	1:13:15.15
102	184	Martyn	Stocker	M20	12	M	79	Spooner	0:12:17.50	0:02:36.05	0:34:47.55	0:00:58.75	0:22:44.55	1:13:24.40
103	273	Nigel	Batty	M45	16	M	80	Skyrac AC	0:11:57.70	0:01:30.45	0:37:28.90	0:00:34.20	0:21:54.00	1:13:25.25
104	305	Simon	Jackson	M40	23	M	81		0:09:19.25	0:01:42.00	0:36:36.90	0:01:15.20	0:24:31.95	1:13:25.30
105	98	Mark	Ayre	M45	17	M	82	Roundhay Runners	0:13:16.65	0:03:01.85	0:33:57.85	0:01:07.30	0:22:03.15	1:13:26.80
106	46	Nick	Turnbull	M50	15	M	83		0:14:36.30	0:02:18.35	0:34:01.10	0:01:19.55	0:21:13.05	1:13:28.35
107	157	Phil	Normington	M40	24	M	84	Overoptimists	0:11:37.95	0:01:47.80	0:35:08.30	0:00:53.45	0:24:01.25	1:13:28.75
108	228	Damian	Holt	M60	3	M	85		0:10:04.95	0:02:20.40	0:35:29.75	0:01:25.05	0:24:17.40	1:13:37.55
109	190	Shona	Stone	F40	2	F	11	Bingley Harriers	0:11:10.30	0:02:08.45	0:37:08.50	0:01:16.80	0:21:59.40	1:13:43.45
110	274	Andy	Broekhuizen	M45	18	M	86	Harrogate Harriers	0:10:02.65	0:02:06.95	0:37:12.35	0:01:11.65	0:23:15.50	1:13:49.10
111	84	Martin	Stubbs	M50	16	M	87	Keighley & Craven AC	0:12:10.95	0:01:39.00	0:35:35.50	0:01:01.80	0:23:27.85	1:13:55.10
112	329	Lukas	Sutcliffe	M20	13	M	88		0:08:35.05	0:01:34.50	0:36:04.60	0:00:52.25	0:26:52.25	1:13:58.65
113	255	Helen	Lewis	F40	3	F	12		0:08:56.00	0:01:44.95	0:35:38.60	0:01:16.55	0:26:24.95	1:14:01.05
114	179	Adam	Boyes	M30	12	M	89		0:11:42.60	0:01:57.85	0:36:13.90	0:01:02.70	0:23:19.50	1:14:16.55
115	143	Iain	Rack	M30	13	M	90		0:12:00.60	0:01:22.85	0:36:52.60	0:00:50.75	0:23:17.75	1:14:24.55
116	254	Graham	Atherton	M50	17	M	91	Burley Bike Club	0:11:27.80	0:01:27.45	0:33:50.95	0:01:23.75	0:26:14.85	1:14:24.80
117	393	Ilkley Osteopaths		Team	15	T	15		0:09:14.30	0:01:07.10	0:32:30.65	0:02:33.45	0:29:07.30	1:14:32.80
118	56	Chris	Yates	M50	18	M	92		0:14:35.10	0:01:25.20	0:32:40.05	0:01:03.85	0:25:06.75	1:14:50.95
119	335	Sharon	Cousen	F40	4	F	13		0:08:51.70	0:01:12.05	0:37:34.05	0:01:09.50	0:26:05.40	1:14:52.70
120	388	Peter	Rowe	M45	19	M	93		0:11:29.05	0:01:24.55	0:36:33.95	0:01:04.10	0:24:29.45	1:15:01.10

Ilkley Triathlon
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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
121	404	Toy Boys		Team	16	T	16		0:08:56.15	0:01:03.80	0:40:50.50	0:00:42.50	0:23:30.40	1:15:03.35
122	270	Jo	Heffernan	F30	6	F	14		0:09:56.25	0:01:54.00	0:37:31.30	0:00:57.60	0:24:46.05	1:15:05.20
123	174	Clint	Gumery	M50	19	M	94		0:10:13.55	0:02:28.20	0:38:04.95	0:00:59.60	0:23:20.40	1:15:06.70
124	263	Brodie	McAdam	M40	25	M	95	Craven Energy	0:10:34.85	0:01:54.85	0:36:15.55	0:01:02.45	0:25:33.15	1:15:20.85
125	134	Philip	Hall	M60	4	M	96		0:12:04.20	0:01:38.30	0:35:09.50	0:01:23.45	0:25:09.70	1:15:25.15
126	181	Peter	Vernon	M45	20	M	97		0:09:59.20	0:01:59.45	0:37:37.85	0:01:08.55	0:24:43.15	1:15:28.20
127	161	Lois	Scott	F40	5	F	15	Spooner	0:12:24.50	0:01:31.30	0:36:11.95	0:00:57.15	0:24:25.45	1:15:30.35
128	231	Nicola	Waldron	F20	3	F	16		0:11:00.50	0:01:52.75	0:37:03.80	0:00:57.30	0:24:43.30	1:15:37.65
129	281	Richard	Ling	M20	14	M	98		0:10:36.70	0:01:47.30	0:37:16.30	0:00:59.90	0:25:00.75	1:15:40.95
130	230	Peter	Hayes	M50	20	M	99	Swimhikers	0:10:18.75	0:02:50.50	0:38:53.95	0:00:56.45	0:22:42.50	1:15:42.15
131	379	PGL Houstonites		Team	17	T	17		0:10:29.00	0:01:21.95	0:36:11.20	0:00:42.35	0:27:07.20	1:15:51.70
132	244	Elizabeth	Sanderson	F30	7	F	17	Halifax Harriers AC	0:11:09.85	0:01:33.95	0:39:54.85	0:00:36.40	0:22:40.45	1:15:55.50
133	153	Phil	Bishop	M45	21	M	100		0:11:17.75	0:02:47.05	0:38:08.75	0:01:05.30	0:22:49.60	1:16:08.45
134	219	Andy	Moore	M60	5	M	101		0:11:44.25	0:02:22.90	0:35:14.75	0:01:08.30	0:25:41.50	1:16:11.70
135	71	Dan	Greer	M40	26	M	102		0:13:38.10	0:02:42.65	0:36:13.50	0:01:36.20	0:22:05.75	1:16:16.20
136	315	Judith	Bewell	F50	1	F	18	Wetherby Runners	0:09:38.75	0:00:59.65	0:38:11.15	0:00:44.80	0:26:42.20	1:16:16.55
137	128	Richard	Cooke	M30	14	M	103	Craven Energy	0:10:41.00	0:01:07.70	0:37:02.00	0:00:48.30	0:26:50.10	1:16:29.10
138	237	Stephen	Ling	M30	15	M	104		0:10:05.15	0:01:56.00	0:38:14.75	0:01:02.45	0:25:22.30	1:16:40.65
139	109	Stuart	Flack	M45	22	M	105		0:12:18.35	0:01:50.25	0:34:32.70	0:01:11.75	0:26:54.20	1:16:47.25
140	290	Clive	Whittaker	M60	6	M	106		0:09:41.85	0:02:23.10	0:38:37.05	0:01:20.95	0:24:54.20	1:16:57.15
141	232	Jonathan	Beynon	M30	16	M	107		0:11:11.45	0:01:39.50	0:36:13.30	0:00:53.55	0:27:00.15	1:16:57.95
142	149	Danny	Mcgee	M30	17	M	108		0:11:10.15	0:02:23.75	0:39:11.05	0:00:44.70	0:23:32.20	1:17:01.85
143	12	Andrew	Leonard	M30	18	M	109		0:15:33.55	0:02:45.35	0:35:01.65	0:01:24.30	0:22:20.40	1:17:05.25
144	210	Harry	Sime	M50	21	M	110		0:11:34.85	0:01:50.35	0:37:37.95	0:01:51.80	0:24:10.60	1:17:05.55
145	33	Peter	Stone	M45	23	M	111	Bronte Wheelers	0:13:38.15	0:02:30.70	0:32:27.10	0:01:08.35	0:27:23.30	1:17:07.60
146	152	Jon	Scaife	M40	27	M	112		0:11:42.05	0:02:19.40	0:36:00.75	0:01:00.40	0:26:12.50	1:17:15.10
147	160	Lawrence	Bealing	MY	2	M	113		0:07:26.15	0:02:10.05	0:39:22.85	0:00:44.70	0:27:34.65	1:17:18.40
148	31	Daniel	Hughes	M40	28	M	114	BBC	0:13:53.00	0:01:25.85	0:36:45.45	0:01:31.80	0:23:42.70	1:17:18.80
149	40	James	Gray	M20	15	M	115		0:15:08.65	0:02:08.30	0:35:37.60	0:01:38.25	0:22:50.75	1:17:23.55
150	289	Paul	Woodman	M45	24	M	116	Ilkley Swimming Club	0:09:06.70	0:02:20.00	0:35:47.50	0:01:37.85	0:28:33.40	1:17:25.45
151	364	Bethany	Elliott	F20	4	F	19		0:07:54.55	0:01:28.90	0:39:39.50	0:00:49.30	0:27:51.95	1:17:44.20
152	192	Glenn	Hayes	M30	19	M	117		0:12:21.05	0:02:08.85	0:36:54.05	0:00:46.75	0:25:41.00	1:17:51.70
153	287	Anna	Barlow	F45	2	F	20	LBT	0:11:09.65	0:01:56.65	0:38:16.35	0:00:56.90	0:25:36.65	1:17:56.20
154	196	Jessica	Friend	F40	6	F	21		0:11:43.60	0:01:37.25	0:38:42.75	0:00:46.45	0:25:07.70	1:17:57.75
155	288	Ann	Chivers	M30	20	M	118	LBT	0:09:06.70	0:01:57.40	0:39:43.85	0:01:23.80	0:25:59.40	1:18:11.15
156	138	David William	Ramsden	M60	7	M	119	Craven Energy	0:11:47.90	0:01:41.60	0:39:04.35	0:01:17.65	0:24:29.05	1:18:20.55
157	249	Mark	Atkinson	M30	21	M	120		0:05:55.50	0:02:28.75	0:44:37.70	0:00:37.25	0:24:53.20	1:18:32.40
158	351	Laura	Benson	FY	2	F	22	LBT	0:08:43.35	0:01:07.15	0:39:24.55	0:00:49.80	0:28:32.60	1:18:37.45
159	137	Nicola	Eccles	F40	7	F	23		0:11:01.75	0:01:57.60	0:37:47.30	0:01:28.95	0:26:25.20	1:18:40.80
160	325	Adam	Clewes	M20	16	M	121		0:08:57.80	0:01:52.00	0:40:59.00	0:00:58.85	0:25:56.70	1:18:44.35

Ilkley Triathlon
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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
161	247	Adam	Waring	MJ	2	M	122	Ilkley CC	0:10:47.45	0:02:15.00	0:38:20.45	0:00:41.55	0:26:40.75	1:18:45.20
162	384	Angels & Demons		Team	18	T	18		0:11:54.95	0:01:27.15	0:38:29.15	0:00:47.95	0:26:10.25	1:18:49.45
163	159	Andrew	Dean	M45	25	M	123		0:11:37.55	0:01:53.90	0:38:48.60	0:01:04.20	0:25:26.55	1:18:50.80
164	383	3D		Team	19	T	19		0:11:00.65	0:01:33.30	0:40:19.35	0:00:54.05	0:25:04.75	1:18:52.10
165	350	Sue	Harris	F40	8	F	24	Ilkley Swimming Club	0:08:27.75	0:01:47.05	0:40:08.10	0:00:37.65	0:28:01.95	1:19:02.50
166	144	Anna	Makin	F20	5	F	25		0:11:33.95	0:02:05.95	0:39:40.45	0:01:13.35	0:24:32.45	1:19:06.15
167	296	John	Bretherick	M45	26	M	124		0:12:27.85	0:01:24.70	0:36:29.10	0:00:59.65	0:27:47.50	1:19:08.80
168	294	Naomi	Elliott	FJ	1	F	26	Ilkley Harriers	0:08:40.85	0:01:39.00	0:41:15.10	0:00:54.50	0:26:48.15	1:19:17.60
169	145	Rob	Leach	M45	27	M	125	LBT	0:11:36.55	0:03:27.15	0:36:40.35	0:02:11.30	0:26:16.40	1:20:11.75
170	118	Jo	Scott	F45	3	F	27		0:11:50.05	0:01:24.80	0:39:37.45	0:01:05.45	0:26:20.80	1:20:18.55
171	207	Chris	Hogg	M30	22	M	126		0:12:17.30	0:01:53.25	0:37:32.50	0:01:41.40	0:27:03.20	1:20:27.65
172	206	Fiona	Hogg	F30	8	F	28		0:11:26.20	0:02:16.25	0:37:44.20	0:01:25.95	0:27:35.10	1:20:27.70
173	251	Tracey	Rayner	F30	9	F	29		0:09:39.80	0:02:19.60	0:38:21.10	0:01:00.65	0:29:09.20	1:20:30.35
174	148	Richard	Robinson	M40	29	M	127		0:14:20.10	0:01:51.10	0:35:53.95	0:01:17.60	0:27:11.80	1:20:34.55
175	132	Lloyd	Gregory	M60	8	M	128		0:12:02.90	0:01:27.35	0:36:14.10	0:01:02.75	0:29:47.55	1:20:34.65
176	317	Richard	Mitchell	M45	28	M	129	Ilkley Swimming club	0:09:27.35	0:02:01.15	0:43:43.25	0:01:07.75	0:24:17.25	1:20:36.75
177	106	Martin	Bridges	M50	22	M	130		0:12:36.00	0:02:19.55	0:37:01.05	0:01:04.50	0:27:45.25	1:20:46.35
178	171	Robert	Budding	M45	29	M	131	Skyrac AC	0:13:06.20	0:02:29.25	0:38:58.20	0:00:40.00	0:25:36.95	1:20:50.60
179	87	Alison	Gate	F45	4	F	30	albaRosa CC	0:13:17.40	0:02:57.85	0:36:36.45	0:01:20.30	0:26:54.45	1:21:06.45
180	27	Michael	Bates	M45	30	M	132		0:10:34.70	0:02:52.05	0:42:27.90	0:01:27.85	0:23:47.00	1:21:09.50
181	214	Laura	Edwards	F20	6	F	31	Abbey Runners	0:10:33.75	0:01:23.20	0:38:21.30	0:01:08.65	0:29:47.50	1:21:14.40
182	86	Ellen	Clarke	F50	2	F	32		0:13:27.20	0:01:45.60	0:38:29.10	0:01:13.50	0:26:24.50	1:21:19.90
183	162	Christopher	Stott	M30	23	M	133		0:15:03.05	0:02:22.85	0:36:39.50	0:01:18.15	0:25:58.90	1:21:22.45
184	309	James	Waddington	M30	24	M	134		0:11:44.10	0:01:36.50	0:39:42.95	0:00:50.45	0:27:30.45	1:21:24.45
185	220	Florence	Greatrix	F20	7	F	33		0:09:05.40	0:02:05.30	0:42:28.20	0:00:48.25	0:27:18.80	1:21:45.95
186	180	Sarah	Burton	F40	9	F	34		0:11:13.50	0:02:20.25	0:37:57.05	0:00:59.85	0:29:16.90	1:21:47.55
187	392	The Valley Girls		Team	20	T	20		0:11:14.10	0:01:16.35	0:42:40.00	0:00:44.55	0:25:56.25	1:21:51.25
188	169	Kate	Limbert	F30	10	F	35		0:10:36.60	0:02:52.70	0:38:55.00	0:01:22.70	0:28:04.25	1:21:51.25
189	201	Lauren	Oxtoby	F20	8	F	36		0:10:53.90	0:01:52.05	0:39:30.55	0:01:12.95	0:28:23.65	1:21:53.10
190	260	Matthew	Oddy	M30	25	M	135	Craven Energy	0:10:59.40	0:02:07.20	0:39:51.80	0:01:26.90	0:27:28.75	1:21:54.05
191	52	Stewart	Taylor	M50	23	M	136	Burley Bike Club	0:13:37.90	0:02:50.70	0:35:04.20	0:01:29.85	0:28:54.35	1:21:57.00
192	101	Andrew	Colman	M40	30	M	137		0:11:09.75	0:03:23.15	0:39:25.10	0:01:07.75	0:26:54.90	1:22:00.65
193	248	Stephen	Boddy	M30	26	M	138	Otley AC	0:12:12.65	0:02:18.70	0:42:39.60	0:01:23.00	0:23:29.45	1:22:03.40
194	202	Valerie	Vanmarcke	F30	11	F	37		0:11:03.75	0:01:32.95	0:39:20.90	0:00:51.55	0:29:24.90	1:22:14.05
195	47	Andy	Daly-Smith	M30	27	M	139	Last of Leeds Met-hicans	0:11:01.40	0:01:32.60	0:40:09.20	0:00:49.15	0:28:50.50	1:22:22.85
196	133	Richard	O'Flynn	M45	31	M	140		0:11:54.20	0:01:43.30	0:40:10.20	0:01:04.20	0:27:31.30	1:22:23.20
197	158	Peter	Myers	M50	24	M	141		0:12:15.00	0:01:59.45	0:38:20.70	0:01:15.95	0:28:38.20	1:22:29.30
198	48	Lee	Burns	M30	28	M	142	Last of Leeds Met-hicans	0:13:32.55	0:02:38.85	0:40:29.40	0:00:37.25	0:25:16.15	1:22:34.20
199	380	Les Girls		Team	21	T	21		0:09:47.45	0:01:34.50	0:43:07.35	0:00:46.80	0:27:18.30	1:22:34.40
200	80	Gaynor	Beckett	F30	12	F	38		0:10:31.80	0:01:53.10	0:40:23.90	0:01:11.35	0:28:38.25	1:22:38.40

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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
201	252	Carlos	Cantero	M30	29	M	143		0:10:43.65	0:02:29.95	0:39:16.85	0:00:52.25	0:29:17.25	1:22:39.95
202	276	James	Verfuerrth	M20	17	M	144		0:09:52.10	0:02:11.35	0:37:20.65	0:01:10.45	0:32:16.30	1:22:50.85
203	165	Joanne	Dean	F30	13	F	39		0:11:44.65	0:02:11.25	0:40:29.95	0:01:07.05	0:27:23.55	1:22:56.45
204	39	Alison	Norman	F45	5	F	40		0:13:59.70	0:02:10.85	0:39:22.50	0:00:45.70	0:26:47.50	1:23:06.25
205	340	Paul	Harlow	M50	25	M	145	LBT	0:10:11.50	0:02:22.85	0:38:30.15	0:02:12.90	0:29:50.80	1:23:08.20
206	116	Andrew	Rayment	M40	31	M	146		0:12:12.40	0:02:49.15	0:40:52.20	0:00:59.05	0:26:38.95	1:23:31.75
207	238	David	Heels	M50	26	M	147		0:10:12.75	0:01:46.30	0:41:13.40	0:01:24.35	0:29:10.35	1:23:47.15
208	164	Denise	Andrews	F45	6	F	41		0:11:45.10	0:02:35.85	0:41:12.40	0:01:10.15	0:27:10.25	1:23:53.75
209	83	Fieke	Rongen	F20	9	F	42	Last of Leeds Met-hicans	0:12:11.20	0:02:50.50	0:40:29.75	0:00:58.10	0:27:30.20	1:23:59.75
210	286	Rebecca	Snape	F30	14	F	43		0:08:04.50	0:02:00.45	0:43:46.15	0:00:59.00	0:29:19.60	1:24:09.70
211	198	Daisy	Spence	F20	10	F	44		0:11:27.30	0:02:04.70	0:44:01.15	0:00:50.95	0:25:46.50	1:24:10.60
212	54	Andrew	Manley	M30	30	M	148	Last of Leeds Met-hicans	0:12:45.65	0:01:59.10	0:42:42.65	0:00:42.00	0:26:02.65	1:24:12.05
213	111	Tim	Burton	M30	31	M	149		0:12:48.65	0:02:50.80	0:41:48.45	0:01:20.40	0:25:24.15	1:24:12.45
214	28	Jon	Lee	M30	32	M	150		0:13:22.75	0:04:55.65	0:39:01.15	0:00:56.60	0:25:59.60	1:24:15.75
215	57	Tom	Quarmby	M30	33	M	151	Last of Leeds Met-hicans	0:12:30.15	0:02:34.00	0:40:09.50	0:01:22.35	0:27:40.50	1:24:16.50
216	44	Steven	Ward	M30	34	M	152		0:13:11.25	0:02:04.20	0:40:07.55	0:01:31.20	0:27:22.95	1:24:17.15
217	139	Martin	Cockerham	M60	9	M	153		0:12:19.85	0:02:28.00	0:38:23.30	0:02:29.05	0:28:51.15	1:24:31.35
218	191	Helen	Rice-Birchall	F45	7	F	45		0:11:40.70	0:01:56.15	0:42:00.25	0:00:54.25	0:28:04.90	1:24:36.25
219	366	Phoebe	Weaver	F20	11	F	46		0:07:41.05	0:01:24.90	0:43:17.05	0:00:51.10	0:31:30.35	1:24:44.45
220	195	Richard	Owen	M40	32	M	154		0:11:30.70	0:01:48.75	0:42:42.75	0:00:43.50	0:28:08.30	1:24:54.00
221	97	Alison	Peel	F20	12	F	47		0:14:13.25	0:01:45.90	0:41:17.70	0:00:55.20	0:26:42.85	1:24:54.90
222	280	Martin	Walsh	M45	32	M	155		0:09:48.10	0:01:52.30	0:44:31.65	0:01:01.55	0:27:50.60	1:25:04.20
223	127	Owain	Davies	M30	35	M	156		0:11:27.70	0:02:21.85	0:45:25.95	0:01:06.45	0:24:43.40	1:25:05.35
224	193	Kate	Sheehan	M30	36	M	157		0:12:23.15	0:02:09.90	0:42:46.65	0:01:18.45	0:26:52.30	1:25:30.45
225	8	Glen	Walsh	M40	33	M	158		0:16:37.60	0:01:12.65	0:40:04.35	0:00:54.00	0:26:44.50	1:25:33.10
226	114	Sarah	Hayes	F45	8	F	48	Ilkley Harriers	0:12:53.05	0:02:03.00	0:42:11.50	0:00:48.30	0:27:40.05	1:25:35.90
227	372	David	Sembo	M30	37	M	159		0:08:45.30	0:02:20.65	0:45:18.20	0:00:53.75	0:28:19.80	1:25:37.70
228	10	Paul	Craggs	M30	38	M	160		0:10:43.45	0:02:09.65	0:42:21.20	0:01:50.35	0:28:40.80	1:25:45.45
229	381	Wossername's Wonders		Team	22	T	22		0:12:11.50	0:01:47.25	0:46:53.65	0:00:47.80	0:24:12.30	1:25:52.50
230	38	Helena	Gleeson	F45	9	F	49		0:13:44.10	0:03:04.15	0:40:41.25	0:01:46.55	0:26:44.25	1:26:00.30
231	121	Hayley	Mason	F30	15	F	50		0:11:31.90	0:02:20.55	0:44:19.15	0:01:22.55	0:26:30.75	1:26:04.90
232	299	Alison	Cairss	F50	3	F	51		0:11:44.60	0:02:25.05	0:45:09.10	0:00:33.30	0:26:21.00	1:26:13.05
233	37	Mark	Steel	M50	27	M	161		0:13:40.50	0:02:34.40	0:40:17.45	0:02:02.50	0:27:42.00	1:26:16.85
234	129	Hilda	Coulsey	F60	1	F	52	Ilkley Harriers	0:13:34.70	0:01:42.00	0:43:35.45	0:00:43.80	0:27:03.20	1:26:39.15
235	70	Amos	Grech-Cini	M40	34	M	162	Ilkley Osteopaths	0:13:21.55	0:02:09.00	0:37:30.35	0:01:21.25	0:32:19.75	1:26:41.90
236	215	Lee	Shackleton	F40	10	F	53		0:12:00.35	0:02:11.60	0:43:16.15	0:00:54.95	0:28:23.60	1:26:46.65
237	76	Sue	Fulton	F50	4	F	54	Bingley Harriers	0:13:02.15	0:03:46.45	0:41:59.65	0:02:20.90	0:25:48.50	1:26:57.65
238	391	Dan's Den		Team	23	T	23		0:10:39.60	0:01:19.60	0:44:07.65	0:00:44.20	0:30:13.10	1:27:04.15
239	115	Ian	Morley	M45	33	M	163		0:14:14.65	0:04:40.75	0:39:01.95	0:01:23.40	0:28:03.30	1:27:24.05
240	205	Damian	Jones	M30	39	M	164		0:11:20.05	0:02:27.00	0:40:35.80	0:01:30.10	0:31:33.35	1:27:26.30

Ilkley Triathlon
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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
241	396	Ilkley GS PE		Team	24	T	24		0:11:09.00	0:00:56.65	0:50:43.20	0:00:41.10	0:23:59.85	1:27:29.80
242	323	Steph	Hodsman	FJ	2	F	55	Ilkley Lido	0:09:14.10	0:01:33.00	0:46:58.25	0:00:45.40	0:29:06.30	1:27:37.05
243	119	Sophie	Johnstone	F30	16	F	56		0:10:44.65	0:02:36.70	0:45:39.60	0:01:06.70	0:27:54.45	1:28:02.10
244	35	Michael	Smith	M50	28	M	165		0:14:33.40	0:03:31.60	0:40:19.40	0:01:21.85	0:28:26.20	1:28:12.45
245	212	Diana	Marklew	F40	11	F	57	LBT	0:10:19.55	0:02:04.80	0:45:26.60	0:01:13.45	0:29:12.55	1:28:16.95
246	103	Kate	Hayes	F40	12	F	58	Craven Energy	0:12:32.75	0:02:29.95	0:42:29.15	0:01:04.25	0:30:06.20	1:28:42.30
247	59	Ed	Northway	M40	35	M	166		0:14:24.25	0:02:03.25	0:44:50.30	0:01:25.70	0:26:33.35	1:29:16.85
248	125	Helen	Still	FY	3	F	59	Young Understated	0:11:02.75	0:02:28.60	0:43:57.15	0:01:35.95	0:30:32.95	1:29:37.40
249	147	Andrew	Hinchcliffe	M50	29	M	167		0:11:20.20	0:03:09.25	0:42:44.80	0:01:14.25	0:31:10.20	1:29:38.70
250	102	Catherine	Hill	F30	17	F	60	Craven Energy	0:12:52.30	0:02:47.80	0:44:20.80	0:01:49.50	0:27:56.30	1:29:46.70
251	55	Emma	Brigginshaw	F30	18	F	61		0:13:30.55	0:03:20.00	0:42:49.20	0:01:43.40	0:28:25.35	1:29:48.50
252	43	Jim	Goddard	M50	30	M	168		0:16:08.75	0:03:27.75	0:45:19.30	0:01:09.40	0:23:50.95	1:29:56.15
253	318	Ian	Naylor	M45	34	M	169	LBT	0:09:38.90	0:02:10.95	0:42:46.10	0:01:45.20	0:33:37.70	1:29:58.85
254	239	Karen	Pearson	F30	19	F	62		0:10:14.95	0:02:00.00	0:46:27.25	0:00:41.95	0:30:38.70	1:30:02.85
255	53	Jennifer	Hamilton	F40	13	F	63		0:13:16.75	0:02:23.95	0:45:10.65	0:00:52.35	0:28:34.40	1:30:18.10
256	217	Linsey	Cottrell	F40	14	F	64		0:11:27.55	0:02:43.40	0:41:33.95	0:01:25.20	0:33:08.70	1:30:18.80
257	77	Sarah	Marsden	F20	13	F	65	Leeds Uni AC/CC	0:16:13.70	0:02:02.70	0:43:00.75	0:02:03.85	0:27:22.95	1:30:43.95
258	226	John	Hall	M60	10	M	170		0:11:20.40	0:03:54.30	0:44:56.50	0:01:05.90	0:30:09.15	1:31:26.25
259	319	Claire	Wilson	F30	20	F	66		0:08:24.35	0:02:41.40	0:46:52.30	0:00:45.85	0:32:47.45	1:31:31.35
260	291	Paul	Raftery	M45	35	M	171	Team Tonto	0:09:29.65	0:02:56.85	0:43:07.45	0:01:34.75	0:34:22.85	1:31:31.55
261	222	Fiona	Schneider	F50	5	F	67	Ilkley Harriers	0:12:18.90	0:03:33.65	0:45:38.65	0:01:22.10	0:28:38.50	1:31:31.80
262	389	Tri Girls		Team	25	T	25		0:12:58.75	0:01:22.80	0:44:33.75	0:00:53.90	0:31:54.05	1:31:43.25
263	324	Rachel	Stead	F30	21	F	68		0:09:41.50	0:02:36.80	0:45:14.00	0:01:17.20	0:33:32.55	1:32:22.05
264	73	Nicholas	Minto	M45	36	M	172	Craven Energy	0:12:18.65	0:02:54.50	0:46:10.00	0:01:10.45	0:30:34.90	1:33:08.50
265	197	Annabelle	Waterhouse	F20	14	F	69		0:10:53.75	0:02:00.75	0:46:22.00	0:01:14.05	0:32:39.10	1:33:09.65
266	79	Veronica	Huby	F40	15	F	70		0:11:24.05	0:02:19.10	0:49:48.55	0:00:54.20	0:28:59.00	1:33:24.90
267	19	Andrew	Mayes	M50	31	M	173		0:18:58.20	0:02:37.60	0:42:19.20	0:01:51.80	0:27:38.60	1:33:25.40
268	67	Howard	Bednarek	M60	11	M	174	LBT	0:14:32.95	0:02:05.15	0:44:13.25	0:01:50.85	0:30:49.40	1:33:31.60
269	223	Cristina	Irving Turner	F30	22	F	71		0:11:00.75	0:02:50.85	0:44:58.65	0:01:06.40	0:33:35.45	1:33:32.10
270	22	Rob	Fisher	M50	32	M	175		0:18:46.25	0:03:06.40	0:42:46.95	0:01:13.45	0:27:48.95	1:33:42.00
271	75	Kevin	Wardale	M50	33	M	176	Overoptimists	0:13:25.30	0:04:24.20	0:44:15.20	0:01:09.80	0:30:28.65	1:33:43.15
272	236	Gillian	Hyde	F45	10	F	72		0:11:15.75	0:02:21.35	0:46:30.40	0:00:55.55	0:32:40.40	1:33:43.45
273	187	Lee	Fletcher	M30	40	M	177		0:11:55.45	0:03:04.00	0:47:41.15	0:00:45.10	0:30:27.95	1:33:53.65
274	65	Christine	Smith	F40	16	F	73		0:13:18.10	0:03:08.85	0:47:01.30	0:02:11.35	0:28:20.50	1:34:00.10
275	378	SAS in Lycra		Team	26	T	26		0:16:51.55	0:01:36.95	0:50:17.55	0:00:54.75	0:24:40.05	1:34:20.85
276	189	Grant	Dyson	M45	37	M	178		0:14:52.40	0:03:25.05	0:44:28.15	0:02:37.35	0:29:42.00	1:35:04.95
277	203	Richard	Newman	M30	41	M	179	Craven Energy	0:12:11.80	0:01:45.05	0:48:04.25	0:01:30.00	0:31:57.60	1:35:28.70
278	6	Will	Day	M20	18	M	180		0:16:27.65	0:01:10.10	0:49:21.15	0:00:45.35	0:28:07.45	1:35:51.70
279	78	Stephanie	Lee	F45	11	F	74		0:12:33.50	0:02:55.25	0:47:42.85	0:01:16.05	0:31:25.60	1:35:53.25
280	242	Rebecca	Bowens	F40	17	F	75		0:11:26.95	0:02:27.05	0:44:22.45	0:00:52.15	0:36:54.10	1:36:02.70

Ilkley Triathlon
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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
281	42	Alice	Downes	F40	18	F	76		0:11:49.65	0:02:16.45	0:49:01.40	0:00:53.60	0:32:05.70	1:36:06.80
282	74	Debbie	Linton	F50	6	F	77		0:14:55.55	0:02:11.60	0:46:00.30	0:01:34.30	0:31:38.05	1:36:19.80
283	131	Dai	Powell	M30	42	M	181		0:09:38.45	0:02:48.00	0:54:14.80	0:00:43.85	0:28:56.15	1:36:21.25
284	135	Deno	Bozzo	M45	38	M	182		0:15:51.45	0:02:27.80	0:47:34.50	0:01:12.55	0:29:23.15	1:36:29.45
285	105	Brian	Ashworth	M50	34	M	183		0:14:42.15	0:02:08.05	0:45:58.80	0:01:41.50	0:32:03.45	1:36:33.95
286	377	Optimists		Team	27	T	27		0:15:09.45	0:02:01.95	0:50:53.80	0:00:52.65	0:27:43.55	1:36:41.40
287	7	George	Day	M20	19	M	184		0:16:36.10	0:01:30.80	0:47:27.95	0:00:45.70	0:30:23.00	1:36:43.55
288	61	Alistair	McDonald	M30	43	M	185		0:13:09.60	0:04:06.15	0:46:25.35	0:01:25.85	0:31:42.65	1:36:49.60
289	183	Andrew	Hudson	M40	36	M	186		0:13:04.05	0:02:28.05	0:48:17.85	0:01:27.00	0:31:34.20	1:36:51.15
290	104	Sabina	Mughal	F30	23	F	78		0:13:11.35	0:03:00.10	0:46:17.95	0:01:52.40	0:32:30.45	1:36:52.25
291	49	Jeremy	Harrison	M50	35	M	187		0:18:00.80	0:02:58.80	0:46:06.15	0:01:37.75	0:28:42.60	1:37:26.10
292	41	Keri	Wilkins	F50	7	F	79		0:12:35.85	0:03:33.95	0:44:57.65	0:01:24.40	0:35:24.25	1:37:56.10
293	166	Ian	Hobson	M50	36	M	188		0:13:30.00	0:02:09.45	0:46:46.25	0:01:19.50	0:35:17.25	1:39:02.45
294	136	Alexandra	Keightley	F50	8	F	80		0:10:47.05	0:02:49.40	0:47:30.10	0:03:47.50	0:34:12.50	1:39:06.55
295	120	Jo	Dent	F45	12	F	81		0:13:47.05	0:02:42.00	0:48:48.40	0:01:48.60	0:32:56.90	1:40:02.95
296	177	Gillian	Wootton-Jones	F40	19	F	82		0:10:12.90	0:03:05.00	0:46:42.75	0:02:22.10	0:37:48.75	1:40:11.50
297	20	Les	Philipson	M60	12	M	189		0:15:18.65	0:04:10.10	0:42:15.05	0:01:53.05	0:36:50.00	1:40:26.85
298	34	Caroline	Loxton	F40	20	F	83		0:12:07.35	0:02:42.20	0:50:06.60	0:01:44.95	0:34:03.05	1:40:44.15
299	88	Bradley	Clarke	M45	39	M	190	LBT	0:12:22.65	0:03:31.40	0:48:50.85	0:02:39.55	0:33:37.10	1:41:01.55
300	142	Jennifer	Stephenson	F30	24	F	84	Baildon Runners	0:12:51.50	0:02:28.60	0:51:29.65	0:01:02.65	0:33:16.45	1:41:08.85
301	63	Miranda	Phillips	F20	15	F	85	Craven Energy	0:14:10.60	0:03:42.30	0:42:35.35	0:02:40.45	0:38:21.05	1:41:29.75
302	23	Joanne	Fisher	F45	13	F	86		0:17:42.35	0:04:20.85	0:46:27.05	0:02:14.35	0:32:09.40	1:42:54.00
303	154	Samantha	Swarbrick	F20	16	F	87		0:13:38.80	0:05:48.90	0:47:10.50	0:01:58.30	0:35:33.55	1:44:10.05
304	26	Heather	Benson	F60	2	F	88		0:14:27.95	0:04:04.40	0:51:47.00	0:01:27.15	0:32:46.50	1:44:33.00
305	92	Susan	Bell	F30	25	F	89		0:10:23.50	0:02:54.05	0:53:36.30	0:01:12.35	0:36:27.80	1:44:34.00
306	5	Steve	Day	M50	37	M	191		0:21:41.85	0:01:40.20	0:48:29.10	0:01:09.05	0:31:48.35	1:44:48.55
307	50	Nicola	Arkell	F30	26	F	90		0:12:37.40	0:02:41.55	0:55:15.45	0:01:14.30	0:33:18.70	1:45:07.40
308	337	Caroline	Storer	F40	21	F	91	LBT	0:10:03.25	0:03:22.40	0:55:22.70	0:01:10.05	0:35:11.05	1:45:09.45
309	36	Simon	Cullearn	M45	40	M	192		0:11:43.70	0:03:01.10	0:55:36.95	0:01:52.20	0:33:33.95	1:45:47.90
310	9	Caroline	Magee	F45	14	F	92		0:17:14.40	0:03:29.35	0:48:36.75	0:02:04.95	0:34:37.15	1:46:02.60
311	170	Rowena	Gillow	F50	9	F	93		0:12:38.35	0:03:33.40	0:55:27.95	0:01:18.95	0:34:41.50	1:47:40.15
312	90	Karen	Pysden	F30	27	F	94		0:13:33.05	0:03:25.90	0:56:09.65	0:00:52.90	0:33:44.90	1:47:46.40
313	58	Tony	Bromley	M45	41	M	193		0:17:22.70	0:03:14.40	0:52:21.05	0:00:52.50	0:34:24.20	1:48:14.85
314	85	Paula	Howe	F40	22	F	95		0:15:23.00	0:02:48.20	0:50:45.80	0:01:24.70	0:37:53.80	1:48:15.50
315	96	Michelle	Horne	F30	28	F	96		0:12:49.95	0:03:05.00	0:56:09.75	0:01:07.65	0:35:28.90	1:48:41.25
316	21	Ivan	Philipson	M40	37	M	194		0:14:13.30	0:04:05.15	0:54:53.25	0:00:58.85	0:34:40.20	1:48:50.75
317	167	Victoria	Hobson	F20	17	F	97		0:12:54.85	0:02:21.50	0:53:46.05	0:00:56.50	0:39:21.75	1:49:20.65
318	124	Andrew	Wells	M50	38	M	195		0:15:02.35	0:03:04.25	0:53:15.35	0:01:10.55	0:37:36.75	1:50:09.25
319	2	James	Dunmore	M40	38	M	196		0:16:29.05	0:03:40.15	0:54:51.95	0:01:49.35	0:34:33.90	1:51:24.40
320	14	Melissa	Storey	F20	18	F	98		0:15:11.70	0:04:33.40	0:55:49.95	0:01:27.15	0:35:12.70	1:52:14.90

Ilkley Triathlon
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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	Finish
321	29	Peter	Yates	M60	13	M	197	LBT	0:19:48.75	0:03:55.80	0:54:40.65	0:01:03.85	0:36:20.20	1:55:49.25
322	30	Vanessa	White	F30	29	F	99		0:18:20.75	0:01:59.80	1:00:31.40	0:01:14.85	0:34:27.55	1:56:34.35
323	107	Mary	Butterworth	F30	30	F	100		0:11:40.30	0:03:02.70	1:01:16.05	0:01:52.45	0:38:54.65	1:56:46.15
324	326	Geoff	Render	M30	44	M	198		0:12:59.15	0:02:31.25	1:06:36.00	0:00:56.20	0:36:33.55	1:59:36.15
325	11	Mike	Dixon	M30	45	M	199		0:18:45.05	0:03:23.95	1:04:36.55	0:01:52.60	0:32:11.20	2:00:49.35
326	284	Tony	Hester	M45	42	M	200		0:14:45.10	0:02:48.35	1:06:25.75	0:01:47.85	0:35:13.15	2:01:00.20
327	1	Carmen	Dojahn-Wood	F45	15	F	101		0:18:23.70	0:03:10.60	1:02:32.80	0:01:42.90	0:36:08.55	2:01:58.55
328	16	Kirsty	Baldwin	F30	31	F	102		0:20:59.95	0:05:42.70	1:11:53.50	0:02:31.50	0:43:53.00	2:25:00.65
DNF	330	Angela	Knowles	F30	DNF	F	999		0:09:07.75	0:01:10.70	0	0:00:00.00	0	0
DNF	275	Martin	Hawkins	M45	DNF	M	999	Skyrac AC	0:09:59.90	0:01:54.30	0	0:00:00.00	0	0
DNF	208	Stephen	Hall	M50	DNF	M	38		0:10:56.45	0:01:41.25	0:16:46.25	0:01:23.00	0:36:32.70	1:07:19.65