

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
1	95	Rhys	Boorman	MS	1	M	1	hastings ac	0:15:37	0:15:39
2	158	James	Mountford	MS	2	M	2	hastings ac	0:16:15	0:16:16
3	132	Ross	Brocklehurst	MS	3	M	3	eastbourne Rovers AC	0:17:42	0:17:43
4	123	Hector	Ellis	MJ	1	M	4	Hailsham Harriers	0:17:54	0:17:55
5	145	Sam	Jackson	MS	4	M	5		0:18:02	0:18:05
6	82	Richard	Davis	MS	5	M	6	Eastbourne Rovers AC	0:18:22	0:18:23
7	98	Jacob	Wilkinson	MS	6	M	8	Hastings Runners	0:18:29	0:18:31
8	15	Dave	Dunstall	V50	1	M	7	seaford striders	0:18:29	0:18:31
9	144	William	Carey	MS	7	M	9	brt	0:18:32	0:18:33
10	90	Karen	Murdoch	V35	1	F	1	hastings ac	0:18:37	0:18:38
11	64	Luke	Upton	MS	8	M	10		0:18:35	0:18:38
12	156	Huw	Oliphant	MS	9	M	11	Eastbourne Rovers AC	0:18:40	0:18:42
13	171	Rachel	Gorman	FS	1	F	2	brighton Phoenix	0:18:44	0:18:46
14	100	Oliver	Carey	MS	10	M	12	brt	0:19:04	0:19:05
15	41	Lee	Page	MS	11	M	13		0:19:04	0:19:16
16	75	Lewis	Parsons	MS	12	M	14		0:19:35	0:19:37
17	143	Gareth	Taplin	V40	1	M	15	eastbourne Rovers AC	0:19:39	0:19:41
18	157	Louise	Oliphant	FS	2	F	3	Eastbourne Rovers AC	0:19:45	0:19:48
19	72	Keiran	Hook	MS	13	M	16		0:19:49	0:19:50
20	124	Daniel	Ellis	MS	14	M	17	Hailsham Harriers	0:19:55	0:19:56
21	130	Terry	Puxty	V40	2	M	18	hastings ac	0:20:03	0:20:05
22	48	Polly	Pitcairn-Knowles	FS	3	F	4	Tonbridge AC	0:20:10	0:20:13
23	114	Andy	Knight	V50	2	M	19	Hastings Runners	0:20:29	0:20:32
24	120	Sam	Brown	MS	15	M	20	brt	0:20:34	0:20:36
25	38	Thomas	North	MS	16	M	21		0:20:43	0:20:45
26	91	Adam	Maynard	V40	3	M	22	hastings ac	0:20:44	0:20:46
27	13	Amelia	Culshaw	V45	1	F	5	Brighton Phoenix	0:20:48	0:20:51
28	173	Dave	Turner	V40	4	M	23	hastings ac	0:20:57	0:21:00
29	154	Sam	Spiers	MS	17	M	24		0:21:19	0:21:26
30	101	Paul	Howell	V50	3	M	25	Hailsham Harriers	0:21:26	0:21:28
31	149	Graham	Jarvis	V50	4	M	26		0:21:24	0:21:31
32	80	Robert	Young	V45	2	F	6	Eastbourne Rovers AC	0:21:27	0:21:31
33	34	Tina	Macenhill	V45	3	F	7		0:21:31	0:21:34
34	83	Sophie	McGoldrick	V35	2	F	8	hastings ac	0:21:33	0:21:35
35	71	Bill	Solly	V60	1	M	27		0:21:39	0:21:43
36	142	Jason	SurrIDGE	V40	5	M	28		0:21:34	0:21:45
37	10	Graham	Chapman	V50	5	M	29	Heathfield Road Runners	0:21:43	0:21:48
38	76	Erik	Chapman	MS	18	M	30	Born Ready Fitness	0:21:51	0:21:55
39	135	Jeremy	Sankey	V50	6	M	31	brt	0:21:55	0:21:57
40	21	Sarah	Hannam	V35	3	F	9	Eastbourne Rovers	0:21:58	0:22:02
41	99	Colin	Hanks	V50	7	M	32	Eastbourne Rovers AC	0:21:57	0:22:02
42	155	Mark	Pearson	V50	8	M	33		0:22:05	0:22:07
43	146	Mike	Stokes	V60	2	M	34	brt	0:22:04	0:22:10
44	147	Robin	Walter	MS	19	M	35	eastbourne Rovers AC	0:22:08	0:22:12
45	151	Sean	Tester	V50	9	M	36	eastbourne Rovers AC	0:22:14	0:22:19
46	139	Hannah	Frais	FJ	1	F	10	brt	0:22:20	0:22:23
47	56	Gary	Smith	V40	6	M	37	Hailsham	0:22:23	0:22:26
48	169	Nicola	Steed	FS	4	F	11	heathfield road runners	0:22:23	0:22:27
49	39	Helen	O'Sullivan	V35	4	F	12	Hailsham Harriers	0:22:25	0:22:28
50	121	Bill	Fraser	V60	3	M	38	Hailsham Harriers	0:22:39	0:22:40
51	117	Geoff	Browne	V50	10	M	39		0:22:37	0:22:42
52	170	Vicky	ingram	FS	5	F	13		0:22:37	0:22:42
53	86	Hector	Evet	MJ	2	M	40	BRT	0:22:40	0:22:44
54	109	Matthew	Dargan	V40	7	M	42		0:23:07	0:23:10
55	128	Philip	Green	MS	20	M	41		0:23:06	0:23:10
56	102	Matthew	Harmer	V50	11	M	43	commando Fitness UK	0:23:08	0:23:14
57	150	Ana Rute	Pinto-Owen	FS	6	F	14		0:23:08	0:23:16
58	84	Rebecca	Wojcik	FJ	2	F	16		0:23:43	0:23:47
59	104	Hannah	Eyre-Weeks	FS	7	F	15		0:23:40	0:23:47
60	40	Zakarie	Overfield	V40	8	M	44		0:23:49	0:23:59
61	113	Izzy	Mitchell	FJ	3	F	17	brt	0:23:56	0:24:00
62	93	Katy	Barham	V45	4	F	18	commando Fitness UK	0:24:00	0:24:09
63	87	Graham	Weir	V60	4	M	45	Eastbourne Rovers AC	0:24:09	0:24:14
64	165	Chris	Applegate	MS	21	M	46		0:24:12	0:24:17
65	136	Ferdi	Ibrahim	MJ	3	M	47	brt	0:24:14	0:24:18
66	68	Jacqueline	Wooller	V55	1	F	19	Eastbourne Rovers AC	0:24:21	0:24:25
67	92	michael	Maloney	V40	9	M	48	brt	0:24:23	0:24:28
68	111	Will	Sherwood		1	M	49	Hastings Runners	0:24:28	0:24:35

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
69	94	Janice	Machin	V45	5	F	20	Run Wednesdays	0:24:32	0:24:38
70	62	Richard	Tickner	V50	12	M	50		0:24:37	0:24:43
71	172	Katy	Matthews	FS	8	F	21	brt	0:24:43	0:24:49
72	22	Stephen	Hickman	V50	13	M	51	Ashford and District Road Running Club	0:24:46	0:24:52
73	134	Penny	Braker	V35	5	F	22		0:24:50	0:24:55
74	127	David	Oldfield	V50	14	M	52		0:25:02	0:25:07
75	79	Fenata	Cekmakova	V35	6	F	23		0:25:03	0:25:08
76	116	Chris	Spokes	V40	10	M	53	brt	0:25:13	0:25:15
77	37	Charlie	Noble	MS	22	M	54		0:25:09	0:25:19
78	44	Jacky	Patching	V45	6	F	24	Uckfield runners	0:25:14	0:25:23
79	11	Rachel	Comotto	FS	9	F	25		0:25:18	0:25:25
80	168	Nicole	Henze	V35	7	F	26	Run Wednesdays	0:25:18	0:25:27
81	103	Polly	Mayers	FS	10	F	27		0:25:20	0:25:27
82	63	Alessandra	Trevisan	V35	8	F	28	Commando fitness uk	0:25:23	0:25:28
83	14	Susan	Drake	V55	2	F	29	Eastbourne Rovers	0:25:30	0:25:34
84	55	Peter	Rollison	MS	23	M	55		0:25:36	0:25:42
85	163	Steve	Baron	V50	15	M	56		0:25:33	0:25:43
86	25	Barry	Ingram	MS	24	M	57	BRT	0:25:46	0:25:51
87	126	Andrew	Wilson	V50	16	M	58		0:25:48	0:25:55
88	6	Julie	Browne	V45	7	F	30	Hastings Runners	0:25:55	0:25:59
89	52	Tony	Richardson	V50	17	M	59		0:25:55	0:25:59
90	7	Andrew	Castle	V60	5	M	60		0:25:53	0:26:03
91	112	Claire	Overfield	V35	9	F	31		0:25:51	0:26:03
92	164	Tony	Carrol	V40	11	M	61		0:25:54	0:26:04
93	140	Ruth	Frais	V45	8	F	32	brt	0:26:01	0:26:08
94	47	Sophie	Phillips	FS	11	F	33		0:26:22	0:26:30
95	2	Vicki	Ashby	V35	10	F	34		0:26:25	0:26:35
96	78	Christopher	Berwick	V40	12	M	62		0:26:38	0:26:46
97	42	Holly	Page	FS	12	F	35		0:26:38	0:26:51
98	167	Jenni	Farrell	V35	11	F	36	Run Wednesdays	0:26:43	0:26:53
99	3	Jade	Barden	FS	13	F	37		0:26:44	0:26:54
100	1	Rikki	Adams	MS	25	M	63		0:26:48	0:26:57
101	108	Faye	Dargan	V35	12	F	38		0:26:54	0:26:59
102	97	Alan	Roberts	V50	18	M	64	eastbourne Rovers AC	0:27:01	0:27:06
103	61	Helen	Tickner	V45	9	F	39	Hailsham Harriers	0:27:03	0:27:09
104	26	James	Justice	MS	26	M	65	Commando fitness uk	0:27:09	0:27:20
105	105	Lexie	Coleman	FJ	4	F	40		0:27:11	0:27:26
106	54	Louise	Rollison	V35	13	F	41		0:27:21	0:27:27
107	129	Charlotte	Elliott	FS	14	F	42		0:27:28	0:27:32
108	12	Louise	Cooper	V45	10	F	43		0:27:30	0:27:38
109	23	Michael	Hill	MS	27	M	66	Uckfield Runners	0:27:35	0:27:43
110	110	Leigh	Yiftes	V40	13	M	67	Hastings Runners	0:27:42	0:27:48
111	148	Victoria	Harmer	V45	11	F	44	commando Fitness UK	0:27:38	0:27:49
112	115	Victoria	Little	V35	14	F	45		0:27:42	0:27:52
113	4	David	Bedwell	V40	14	M	68		0:27:46	0:27:55
114	43	Richard	Paine	V40	15	M	69	Bexhill running and triathletes	0:27:55	0:28:00
115	66	victoria	Wood	V55	3	F	46	heathfield road runners	0:27:53	0:28:03
116	65	Meredith	Wickham	V35	15	F	47	UCKFIELD RUNNERS	0:27:57	0:28:05
117	16	Fiona	Eastes	FS	15	F	48	Hastings Runners	0:28:15	0:28:19
118	88	Darren	Good	V40	16	M	70	bodyshock	0:28:18	0:28:33
119	166	Jemima	Hilton-Berry	FS	16	F	49	Bodyshock	0:28:18	0:28:33
120	73	David	Wennacott	V40	17	M	71	Bodyshock	0:28:40	0:28:53
121	53	Denise	Rigby	V45	12	F	50	Commando Fitness UK	0:28:50	0:29:02
122	85	Tracey	Florence	V35	16	F	51		0:29:00	0:29:08
123	133	Nicola	Allen	V35	17	F	52		0:29:18	0:29:27
124	89	Kate	Pamplin	FS	17	F	53	Commando Fitness UK	0:29:15	0:29:28
125	36	Rachel	Matthews	V45	13	F	54	Heathfield Road Runners	0:29:21	0:29:30
126	5	Gill	Boorman	V45	14	F	55	Heathfield Road Runners	0:29:22	0:29:31
127	18	Lianne	Foreman	V45	15	F	56		0:30:01	0:30:15
128	161	Clare	Chrestien	V45	16	F	57		0:30:09	0:30:17
129	138	Sam	Worwood	V45	17	F	58		0:30:23	0:30:30
130	160	Jessica	McCabe	V45	18	F	59		0:30:29	0:30:36
131	49	Pip	Shaw	V35	18	F	60		0:30:26	0:30:41
132	59	kevin	taylor	V50	19	M	72		0:30:30	0:30:41
133	119	Jenny	Fuller	V45	19	F	61		0:30:30	0:30:41
134	31	Isabelle	Kita	V55	4	F	62	Striders of Croydon	0:30:40	0:30:50
135	67	Alys	Woodward	V45	20	F	63		0:31:07	0:31:15
136	46	Ayla mai	Pettet	FJ	5	F	64		0:31:12	0:31:23

Pos	Bib	Firstname	Lastname	Cat	CatPos	Gender	GenderPos	Club	ChipTime	GunTime
137	153	Ashlee	Cooper	FS	18	F	65	commando Fitness UK	0:31:17	0:31:25
138	162	Lisa	Lawson	FS	19	F	66		0:31:23	0:31:31
139	131	Jayne	Gale	V45	21	F	67	commando Fitness UK	0:31:59	0:32:11
140	30	Heather	King	V55	5	F	68	CFUK	0:31:58	0:32:11
141	106	Ashley	Boxall	MS	28	M	73	total nutrition	0:32:08	0:32:21
142	77	Zara	Bowerman	V35	19	F	69		0:32:15	0:32:28
143	96	Hayley	Page	FS	20	F	70		0:32:16	0:32:30
144	69	Tim	Stickland	V60	6	M	74		0:32:37	0:32:53
145	9	Louise	cavill	FS	21	F	71		0:33:47	0:33:58
146	81	Heidi	Cornwall	V35	20	F	72		0:34:46	0:35:00
147	125	Lee	Major	MS	29	M	75		0:35:03	0:35:14
148	118	Peter	Rolfe	V60	7	M	76		0:35:15	0:35:27
149	51	Della	Ratnarajah	FS	22	F	74		0:35:19	0:35:31
150	50	Tracy	Ratnarajah	V45	22	F	73	Hastings Runners	0:35:20	0:35:31
151	29	Andrea	Kennett	V55	6	F	76		0:37:20	0:37:34
152	122	Nikki	Young	V45	23	F	75	eastbourne Rovers AC	0:37:22	0:37:34
153	28	James	Kennett	V60	8	M	77		0:37:21	0:37:36
154	19	Bekki	Freeman	FS	23	F	77	Commando Fitness	0:37:45	0:37:55
155	137	Ainee	Richards	FS	24	F	78		0:37:45	0:37:55
156	152	Deborah	Mann	V45	24	F	79		0:37:53	0:38:06
157	70	Leon	Goldsack	V50	20	M	78	Dover RoadRunners	0:38:17	0:38:19
158	45	Janine	Pettet	V35	22	F	81		0:38:55	0:39:07
159	60	janet	thomas	V35	21	F	80		0:38:54	0:39:07
160	107	Lisa	Gunn	FS	25	F	82		0:38:55	0:39:08
161	141	Rachel	Surridge	V35	23	F	83		0:40:16	0:40:30