

Pos	Athlete	Team	Gender	Bib#	Pace	Gun Time	Chip Time
1	William Carey	BRT	M	172.0	3:32	0:17:41	0:17:40
2	Oliver Carey	BRT	M	210.0	3:32	0:17:42	0:17:41
3	Lee Page	BRT	M	136.0	3:32	0:17:43	0:17:42
4	jamie coppock		M	109.0	3:33	0:17:50	0:17:48
5	Chris Morgan		M	134.0	3:41	0:18:27	0:18:25
6	John Ralph	Hastings Ac	M	209.0	3:41	0:18:29	0:18:28
7	David Woolard	Heathfield RRC	M	202.0	3:42	0:18:32	0:18:30
8	Benjamin Bechley	Hastings Runners	M	188.0	3:50	0:19:11	0:19:10
9	Simon Powell		M	141.0	3:50	0:19:11	0:19:10
10	David Jones	Horsham Joggers	M	128.0	3:54	0:19:34	0:19:32
11	Gareth Taplin	Eastbourne Rovers	M	218.0	3:57	0:19:49	0:19:48
12	Dave Turner	Hastings AC	M	226.0	3:57	0:19:52	0:19:49
13	Cieran Fitzgerald		M	245.0	3:58	0:19:55	0:19:52
14	Sam Brown	BRT	M	215.0	3:58	0:19:55	0:19:53
15	Nigel Jewell	BRT	M	180.0	3:59	0:19:57	0:19:55
16	Jenna French	Hastings AC	F	184.0	3:58	0:19:57	0:19:53
17	Mal Preece		M	234.0	4:04	0:20:25	0:20:23
18	Mike Thompson	Eastbourne Rovers	M	205.0	4:16	0:21:21	0:21:20
19	Benjamin Sallows	ASPT	M	222.0	4:16	0:21:29	0:21:24
20	Mike Walker		M	214.0	4:18	0:21:38	0:21:30
21	Hope Sankey	BRT	F	221.0	4:19	0:21:38	0:21:36
22	Jeremey Sankey	BRT	M	220.0	4:19	0:21:41	0:21:39
23	Dean Saunders		M	187.0	4:21	0:21:50	0:21:48
24	Adam Maynard	Hastings AC	M	176.0	4:21	0:21:52	0:21:47
25	bill Solly		M	152.0	4:23	0:22:02	0:21:56
26	Richard Guest	portslade hedgehoppers	M	120.0	4:29	0:22:33	0:22:29
27	Phillip Green		M	166.0	4:30	0:22:37	0:22:31
28	Helen Quinn		F	235.0	4:30	0:22:39	0:22:33
29	Hannah Eyre-Weeks		F	114.0	4:31	0:22:40	0:22:36
30	Robert Freeman		M	179.0	4:32	0:22:47	0:22:42
31	Matt Smith	Hastings Runners	M	149.0	4:32	0:22:51	0:22:44
32	Justin Etkin	BRT	M	213.0	4:40	0:23:23	0:23:21
33	Ferdi Ibrahim	BRT	M	177.0	4:42	0:23:32	0:23:30
34	Marianne Galea		F	217.0	4:43	0:23:42	0:23:39
35	Nicola Steed	heathfield road runners	F	153.0	4:43	0:23:42	0:23:36
36	Matt Dergon		M	223.0	4:46	0:23:54	0:23:51
37	Daniel P		M	233.0	4:45	0:23:56	0:23:48
38	Kevin C		M	228.0	4:45	0:23:57	0:23:46
39	Darren Pearson	Hastings Runners	M	232.0	4:47	0:24:00	0:23:55
40	Hariet Thompson	Eastbourne Rovers	F	164.0	4:47	0:24:01	0:23:58
41	Jim Cameron	The Lonely Goat Running Club	M	105.0	4:47	0:24:02	0:23:56
42	Damon Pinder		M	140.0	4:48	0:24:05	0:24:00
43	Gary Smith	Hailsham	M	151.0	4:48	0:24:06	0:24:00
44	—	Arena 50	M	206.0	4:48	0:24:08	0:24:03
45	Angela Duffett		F	168.0	4:49	0:24:11	0:24:05
46	Janice Machin	Run Wednesdays	F	169.0	4:52	0:24:28	0:24:24
47	Paul Rackstraw	Hastings Ac	M	208.0	4:52	0:24:30	0:24:22
48	Rachel McBurnie	Bodyshock Runners	F	236.0	4:53	0:24:32	0:24:26
49	Jacqueline Wooller	Eastbourne Rovers AC	F	159.0	4:55	0:24:42	0:24:39
50	Daniel Crawford	Hastings Runners	M	173.0	5:00	0:25:07	0:25:01
51	Katie Manley	Hailsham Harriers	F	132.0	5:00	0:25:08	0:25:02
52	Sarah Hughes		F	124.0	5:01	0:25:16	0:25:07
53	Susan Drake	Eastbourne Rovers	F	113.0	5:04	0:25:25	0:25:21
54	Peter Rollison		M	143.0	5:08	0:25:46	0:25:41
55	Anna Tyler	Bodyshock Runners	F	230.0	5:08	0:25:47	0:25:42
56	Faye Dergon		F	224.0	5:09	0:25:51	0:25:48
57	Brogan Carpenter		F	165.0	5:08	0:25:51	0:25:41
58	Rachael Inns		F	125.0	5:09	0:25:53	0:25:46
59	Victoria Little		F	216.0	5:10	0:25:58	0:25:52
60	Louise Rollison		F	144.0	5:11	0:25:59	0:25:55
61	Zakarie Overfield		M	135.0	5:10	0:26:00	0:25:51
62	Andrew Castle		M	106.0	5:13	0:26:17	0:26:07

Pos	Athlete	Team	Gender	Bib#	Pace	Gun Time	Chip Time
63	Hannah Deubert	Hailsham Harriers	F	183.0	5:14	0:26:18	0:26:11
64	Michelle Donnachie		F	112.0	5:15	0:26:25	0:26:16
65	Jo French	Hastings Runners	F	211.0	5:18	0:26:35	0:26:30
66	Michael Freeman		M	117.0	5:18	0:26:43	0:26:31
67	Cathy Bate	Bexhill Runners and Triathletes	F	103.0	5:20	0:26:47	0:26:40
68	Jake Stinyon	ASPT	M	227.0	5:22	0:26:56	0:26:51
69	Leonard Apps		M	163.0	5:24	0:27:13	0:27:01
70	Adam Taylor		M	156.0	5:27	0:27:26	0:27:17
71	Mike Ellis	Hastings Runners	M	204.0	5:28	0:27:28	0:27:22
72	Catherine Hennelly	Run Wednesday's	F	122.0	5:29	0:27:30	0:27:26
73	Ellie jo Latham	Bsf run club	F	131.0	5:29	0:27:32	0:27:28
74	Steph Trill		F	225.0	5:30	0:27:36	0:27:30
75	Ian Hollands		M	185.0	5:29	0:27:36	0:27:27
76	John Wilkinson	Bexhill Runners	M	158.0	5:31	0:27:47	0:27:39
77	Malcolm Jones	BRT	M	127.0	5:32	0:27:49	0:27:41
78	Corinne Coppock		F	108.0	5:32	0:27:49	0:27:41
79	Caroline Matthews	Hastings Runners	F	174.0	5:34	0:27:52	0:27:52
80	Simon Scott		M	145.0	5:33	0:27:55	0:27:48
81	Lianne Foreman		F	116.0	5:35	0:28:08	0:27:59
82	Craig armour		M	101.0	5:41	0:28:37	0:28:26
83	David Bedwell		M	231.0	5:41	0:28:38	0:28:29
84	Sally Wilson	BRT	F	162.0	5:44	0:28:42	0:28:40
85	Katie Sullivan		F	155.0	5:43	0:28:46	0:28:39
86	Joanna Price		F	142.0	5:44	0:28:47	0:28:40
87	Ellie Docksey	Bexhill Runners	F	111.0	5:44	0:28:52	0:28:44
88	Jenni Lewis		F	219.0	5:56	0:29:44	0:29:41
89	Jackie Knight	Bexhill Runners Triathlon Club	F	130.0	5:58	0:30:01	0:29:53
90	Debbie Sinfield		F	171.0	6:02	0:30:18	0:30:12
91	Lauren Stirrup		F	154.0	6:03	0:30:25	0:30:15
92	Poppy Baines		F	102.0	6:03	0:30:25	0:30:15
93	Phillippa Jewell		F	182.0	6:11	0:31:08	0:30:56
94	Georgia Wheeler		F	157.0	6:16	0:31:36	0:31:24
95	Victoria Sims	Hastings runners	F	148.0	6:21	0:31:55	0:31:46
96	Naomi Scully		F	244.0	6:21	0:31:56	0:31:45
97	Nicola Clements	Hay Runners	F	170.0	6:21	0:31:56	0:31:46
98	Evie Hodge		F	175.0	6:26	0:32:15	0:32:11
99	Joshua Atkinson		M	186.0	6:26	0:32:24	0:32:14
100	Janine Jewell		F	181.0	6:31	0:32:48	0:32:36
101	James Kennett		M	129.0	6:35	0:33:03	0:32:56
102	Andy Ashby		M	160.0	6:37	0:33:18	0:33:07
103	Viki Ashby		F	161.0	6:37	0:33:18	0:33:08
104	Rebekah Freeman		F	178.0	6:41	0:33:30	0:33:27
105	Helen Doherty		F	167.0	7:22	0:37:02	0:36:51
106	Leon Goldsack	Dover Roadrunners AC	M	203.0	7:25	0:37:09	0:37:06
107	Christine Rackstraw	Hastings Runners	F	207.0	7:40	0:38:32	0:38:21
108	Tony Kidby	EC Evolution	M	212.0	7:59	0:40:09	0:39:57