

Sussex Triathlon
Standard Disatance

Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	FinishTime
1	222	Thomas	Davis	20-24	1	M	1	Red Venom	0:16:47.30	0:00:46.00	1:06:58.60	0:00:34.30	0:39:19.95	2:04:26.15
2	249	Richard	Hill	30-34	1	M	2		0:20:08.30	0:01:11.95	1:13:52.15	0:01:14.20	0:42:24.40	2:18:51.00
3	250	Ben	Hudson	25-29	1	M	3	Windrush Tri	0:21:56.85	0:01:07.90	1:12:38.35	0:00:42.20	0:43:25.95	2:19:51.25
4	244	Edward	Hac	25-29	2	M	4		0:20:02.30	0:00:59.80	1:15:32.70	0:00:49.70	0:44:13.60	2:21:38.10
5	245	Katia	Hadaschik	Team	1	T	1	Serpentine RC	0:26:08.20	0:00:43.05	1:12:03.00	0:00:38.40	0:42:14.65	2:21:47.30
6	225	Bryan	Donnelly	40-44	1	M	5	Bromley & Blackheath Harriers	0:23:29.15	0:00:48.55	1:15:13.30	0:00:37.65	0:44:57.00	2:25:05.65
7	242	Stewart	Grant	30-34	2	M	6	VO2 Maximum Racing Team	0:20:04.10	0:01:19.65	1:13:56.35	0:00:54.40	0:49:13.95	2:25:28.45
8	204	Stuart	Archer	40-44	2	M	7	Ful-on-tri	0:21:33.40	0:01:25.90	1:17:21.30	0:01:02.50	0:45:50.75	2:27:13.85
9	239	Neil	Giles	40-44	3	M	8	Mid Sussex Triathletes	0:22:24.00	0:00:57.65	1:17:54.80	0:00:38.45	0:46:23.85	2:28:18.75
10	243	Ade	Grimmond	55-59	1	M	9	Medway Tri	0:20:13.20	0:01:15.60	1:15:17.50	0:01:04.75	0:52:28.85	2:30:19.90
11	285	Russell	Speechley	35-39	1	M	10	Windrush Tri	0:25:40.95	0:01:38.20	1:17:12.80	0:01:05.90	0:47:13.10	2:32:50.95
12	262	Dan	Marshman	40-44	4	M	11	Dan Marshman	0:22:24.80	0:00:55.65	1:20:51.70	0:00:56.70	0:48:22.65	2:33:31.50
13	205	Charles	Barclay	50-54	1	M	12	Windrush tri	0:25:59.20	0:01:36.65	1:16:33.05	0:00:56.75	0:49:37.20	2:34:42.85
14	213	James	Box	30-34	3	M	13		0:26:37.55	0:01:16.30	1:16:45.45	0:00:59.20	0:49:35.75	2:35:14.25
15	257	Christina	Jenkins	35-39	1	F	1	Ful on Tri	0:21:09.30	0:01:20.20	1:24:45.20	0:00:58.35	0:48:01.70	2:36:14.75
16	248	George	Hay	25-29	3	M	14	Windrush Triathlon Club	0:26:17.25	0:02:03.75	1:18:58.20	0:00:58.60	0:47:59.55	2:36:17.35
17	269	Matt	Pachent	45-49	1	M	15		0:26:09.80	0:01:45.80	1:24:25.50	0:00:52.80	0:45:26.45	2:38:40.35
18	265	Tobias	Mittelstaedt	35-39	2	M	16	Windrush Tri Club	0:29:20.75	0:01:57.40	1:17:55.75	0:00:41.50	0:48:47.75	2:38:43.15
19	235	Steven	Georgiadis	50-54	2	M	17	Steven Georgiadis	0:28:25.40	0:02:17.05	1:24:12.00	0:00:54.20	0:47:17.05	2:43:05.70
20	286	Liam	Stephens	45-49	2	M	18	Team Bodyworks XTC	0:27:28.80	0:02:21.05	1:24:18.45	0:01:28.75	0:48:23.50	2:44:00.55
21	266	Alastair	Nicklin	U20	1	M	19	OUTriC	0:25:51.55	0:01:41.45	1:25:33.10	0:00:41.35	0:50:25.00	2:44:12.45
22	210	Immo	Blaese	45-49	3	M	20		0:25:44.70	0:02:19.60	1:22:16.00	0:01:08.50	0:55:32.95	2:47:01.75
23	291	Matthew	Walker	30-34	4	M	21		0:29:29.85	0:01:22.85	1:22:21.45	0:01:21.20	0:53:33.85	2:48:09.20
24	295	Robert	Weinert-Aplin	25-29	4	M	22	Windrush Tri						2:49:06.20
25	305	Kelly	Genton	35-39	2	F	2		0:25:58.45	0:01:22.25	1:31:35.30	0:01:39.20	0:48:34.20	2:49:09.40
26	300	Calum	Williams	25-29	5	M	23		0:27:40.70	0:02:49.15	1:24:57.15	0:01:29.95	0:53:57.95	2:50:54.90
27	274	Saffron	Pineger	35-39	3	F	3	Windrush	0:26:43.80	0:01:54.00	1:27:09.70	0:01:00.25	0:54:26.65	2:51:14.40
28	203	Barry	Andrews	40-44	5	M	24	Tempo tri Eastbourne	0:32:18.75	0:02:13.25	1:27:12.40	0:01:13.05	0:49:53.00	2:52:50.45
29	251	Ivan	Hunt	45-49	4	M	25	Tri Tempo	0:27:26.85	0:01:58.85	1:25:59.60	0:00:58.30	0:57:49.50	2:54:13.10
30	220	Robert	Cuthbertson	25-29	6	M	26		0:33:18.05					2:55:37.40
31	206	Martyn	Barmby	40-44	6	M	27	Windrush	0:31:28.90	0:01:35.20	1:24:30.25	0:01:02.65	0:57:25.05	2:56:02.05
32	280	Jonathan	Rigby	35-39	3	M	28		0:27:35.20	0:02:39.20	1:27:53.25	0:01:42.65	0:56:21.45	2:56:11.75
33	252	Robert	Hutchinson	55-59	2	M	29	B2P	0:25:02.65	0:01:02.90	1:29:48.00	0:00:57.20	1:00:30.20	2:57:20.95
34	284	Benedikt	Schueller	35-39	4	M	30	Fortuna Duesseldorf	0:30:46.00	0:02:28.55	1:22:52.70	0:01:11.80	1:00:10.80	2:57:29.85
35	270	Grant	Paling	30-34	5	M	31		0:27:39.40	0:01:52.50	1:28:18.20	0:00:56.65	0:58:49.60	2:57:36.35
36	279	Kit	Reynolds	35-39	5	M	32	Kit Reynolds	0:28:58.30	0:01:35.10	1:34:19.30	0:01:30.95	0:51:29.90	2:57:53.55
37	304	Rebecca	Weaver	20-24	1	F	4		0:25:54.45	0:02:22.05	1:28:52.35	0:00:55.15	1:00:03.80	2:58:07.80
38	259	Alex	Loftus	40-44	7	M	33		0:32:15.85	0:02:31.85	1:29:10.25	0:01:28.90	0:52:54.70	2:58:21.55
39	227	Adrian	Ebbs	50-54	3	M	34	Kings Lynn Triathlon Club	0:30:40.45	0:01:37.00	1:33:22.55	0:01:15.60	0:52:37.65	2:59:33.25
40	254	Martyn	Jackson	30-34	6	M	35		0:29:48.25	0:01:39.00	1:32:07.50	0:01:04.90	0:55:29.80	3:00:09.45
41	271	Dean	Palmer	45-49	5	M	36		0:20:12.20	0:01:47.80	1:33:59.70	0:01:17.50	1:03:28.90	3:00:46.10
42	212	Andrew	Bowmer	50-54	4	M	37	Windrush	0:33:38.50	0:02:28.90	1:31:16.80	0:01:18.40	0:53:01.90	3:01:44.50
43	301	Carl	Wright	35-39	6	M	38		0:29:52.05	0:02:16.60	1:33:56.75	0:00:57.10	0:55:22.35	3:02:24.85

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Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	FinishTime
44	228	Jan	Evetts	35-39	7	M	39	Windrush	0:27:41.75	0:02:50.80	1:34:47.85	0:01:41.10	0:55:31.55	3:02:33.05
45	277	James	Raffety	25-29	7	M	40		0:27:05.95	0:02:40.85	1:37:36.50	0:00:51.80	0:55:10.60	3:03:25.70
46	260	Justin	Macmullan	45-49	6	M	41		0:33:35.25	0:01:57.45	1:33:36.25	0:01:11.75	0:53:09.10	3:03:29.80
47	201	Laura	Addis	35-39	4	F	5	Windrush Tri Club	0:29:03.60	0:02:13.15	1:36:38.55	0:01:01.20	0:54:46.25	3:03:42.75
48	273	Andy	Pickthorne	45-49	7	M	42	Hillingdon Triathletes	0:29:52.25	0:02:01.10	1:24:40.45	0:01:05.30	1:06:20.25	3:03:59.35
49	236	James	Gerrard-jones	40-44	8	M	43		0:30:21.00	0:02:29.30	1:31:06.70	0:02:30.75	0:59:05.30	3:05:33.05
50	282	Emily	Robinson	25-29	1	F	6	Windrush Triathalon	0:20:57.90	0:02:06.25	1:39:51.90	0:02:06.30	1:00:41.70	3:05:44.05
51	278	Ian	Reed	55-59	3	M	44	Windrush	0:30:12.65	0:01:43.30	1:29:39.55	0:00:58.35	1:03:48.75	3:06:22.60
52	297	John	Whittaker	30-34	7	M	45		0:34:02.85	0:09:08.30	1:35:36.70	0:01:24.05	0:46:16.75	3:06:28.65
53	232	Mel	Frazier	30-34	1	F	7		0:40:17.85	0:02:52.45	1:35:36.50	0:01:25.50	0:46:16.80	3:06:29.10
54	268	Thomas	North	30-34	8	M	46		0:27:40.00	0:03:12.10	1:38:19.25	0:01:23.45	0:56:05.85	3:06:40.65
55	289	Colin	Swetman	30-34	9	M	47		0:31:25.95	0:03:29.85	1:37:19.70	0:01:05.55	0:53:31.50	3:06:52.55
56	263	Richard	Mayers	35-39	8	M	48		0:29:04.20	0:02:19.70	1:37:20.25	0:01:16.25	0:57:18.45	3:07:18.85
57	221	Lee	Davies	45-49	8	M	49		0:28:22.10	0:02:47.60	1:34:25.60	0:01:11.75	1:00:58.15	3:07:45.20
58	253	Juan	Infante	35-39	9	M	50		0:30:45.85	0:03:28.10	1:38:05.50	0:01:19.75	0:54:43.60	3:08:22.80
59	218	Stephen	Cochrane	50-54	5	M	51		0:32:09.15	0:03:10.05	1:33:51.50	0:01:32.30	0:57:50.85	3:08:33.85
60	294	Martin	Watkins	45-49	9	M	52		0:34:27.50	0:02:37.80	1:34:58.80	0:01:12.90	0:58:28.05	3:11:45.05
61	296	Chris	Wescomb	55-59	4	M	53	North Shields Poly	0:34:39.15	0:02:47.30	1:34:30.25	0:01:54.55	0:59:58.10	3:13:49.35
62	240	Hayley	Gill	30-34	2	F	8	Windrush	0:28:15.50	0:02:24.10	1:43:45.90	0:01:46.75	0:57:45.15	3:13:57.40
63	241	Jane	Goddard	40-44	1	F	9		0:25:26.95	0:02:12.45	1:39:11.95	0:01:52.80	1:05:50.45	3:14:34.60
64	275	Ann-Kathrin	Pippert	30-34	3	F	10		0:31:22.15	0:02:12.40	1:43:24.75	0:01:18.60	0:56:40.45	3:14:58.35
65	230	Mark	Flashman	45-49	10	M	54		0:33:41.45	0:03:31.75	1:42:11.50	0:00:54.80	0:55:03.25	3:15:22.75
66	293	Nicola	Waters	30-34	4	F	11		0:28:14.15	0:03:11.50	1:39:14.15	0:02:47.00	1:03:08.55	3:16:35.35
67	272	Jim	Phelan	65-69	1	M	55	Blackheath & Bromley Tri	0:31:07.40	0:02:35.45	1:36:16.25	0:01:48.10	1:06:45.30	3:18:32.50
68	283	James	Ryan	40-44	9	M	56		0:32:19.45	0:03:11.05	1:33:42.50	0:01:24.40	1:07:55.35	3:18:32.75
69	226	Peter	Dry	60-64	1	M	57		0:33:34.40	0:04:09.25	1:38:15.80	0:02:21.65	1:00:31.45	3:18:52.55
70	214	John	Brooker	65-69	2	M	58		0:31:05.75	0:03:54.45	1:42:35.35	0:01:11.30	1:03:43.05	3:22:29.90
71	255	Naomi	Jackson	35-39	5	F	12		0:27:38.45	0:02:33.25	1:48:37.05	0:02:06.40	1:02:19.90	3:23:15.05
72	302	Ian	Downing	45-49	11	M	59		0:35:17.20	0:02:04.05	1:34:10.35	0:02:17.70	1:10:27.95	3:24:17.25
73	256	Philip	Jeffreys	35-39	10	M	60		0:32:34.20	0:02:39.70	1:43:50.90	0:01:19.65	1:04:41.45	3:25:05.90
74	298	Andy	Wilkinson	20-24	2	M	61		0:32:32.10	0:05:20.20	1:45:20.40	0:03:00.20	0:59:57.55	3:26:10.45
75	229	Hannah	Fishpool	35-39	6	F	13	Windrush	0:40:18.75	0:02:20.05	1:37:08.30	0:00:59.30	1:06:37.10	3:27:23.50
76	237	Ian	Ghaleb	50-54	6	M	62		0:32:15.00	0:04:11.65	1:43:33.55	0:02:02.95	1:05:30.20	3:27:33.35
77	202	Alice	Allen	25-29	2	F	14		0:29:40.60	0:03:21.45	1:51:42.80	0:01:42.55	1:07:46.30	3:34:13.70
78	207	Lois	Barmby	40-44	2	F	15	Windrush	0:29:23.05	0:02:44.05	1:46:57.00	0:01:43.00	1:14:58.85	3:35:45.95
79	233	Claire	furze	45-49	1	F	16	medway tri	0:32:38.50	0:03:09.10	1:54:58.25	0:01:30.70	1:04:28.85	3:36:45.40
80	299	Graham	Wilkinson	55-59	5	M	63		0:24:52.75	0:12:57.40	1:45:20.25	0:03:02.90	1:10:52.10	3:37:05.40
81	216	Aine	Cassidy	35-39	7	F	17		0:33:32.40	0:03:47.30	1:55:17.15	0:01:21.15	1:03:46.10	3:37:44.10
82	281	William	Rivenberg	35-39	11	M	64	David lloyd southampton	0:36:02.95	0:02:18.95	1:44:00.15	0:01:41.95	1:17:46.25	3:41:50.25
83	224	Tony	Donaldson	55-59	6	M	65	Windrush triathlon club	0:34:08.40	0:03:08.50	1:43:18.95	0:01:42.35	1:23:30.95	3:45:49.15
84	223	Alex	Dean	35-39	12	M	66		0:34:54.95	0:02:04.45	1:35:18.70	0:01:30.85	1:32:28.35	3:46:17.30
85	246	Grant	Harrison	50-54	7	M	67		0:27:55.00	0:03:10.05	1:53:38.65	0:01:16.65	1:23:43.80	3:49:44.15
86	238	Christine	Gibbons	55-59	1	F	18	Stockport tri	0:40:17.20	0:03:51.30	2:19:32.80	0:02:56.70	1:13:03.80	4:19:41.80

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87	276	Alan	Pople	55-59	7	M	68		0	0:02:46.35	3:22:48.65	0:01:02.75	1:15:51.30	4:36:59.90
DNF	290	David	Synott	40-44	DNF	M	DNF	Windrush	0:28:55.40	0:01:58.75	1:23:29.20	0:01:27.65	0	0
DNF	219	LORNA	COTTER	50-54	DNF	F	DNF	BRT	0:35:34.05	0:02:42.00	0	0:00:00.00	0	0
DNF	217	James	Cleary	35-39	DNF	M	DNF		0:27:02.05	0:00:00.00	0	0:00:00.00	0	0

Pos	Bib	Firstname	Lastname	5K Split1	5K Split2
1	222	Thomas	Davis	0:18:37.60	0:18:58.85
2	249	Richard	Hill	0:19:46.20	0:20:44.15
3	250	Ben	Hudson	0:20:18.00	0:21:13.35
4	244	Edward	Hac	0:20:59.80	0:21:15.30
5	245	Katia	Hadaschik	0:20:01.60	0:20:29.90
6	225	Bryan	Donnelly	0:21:26.45	0:21:37.10
7	242	Stewart	Grant	0:23:11.00	0:23:57.35
8	204	Stuart	Archer	0:21:48.90	0:22:02.70
9	239	Neil	Giles	0:21:45.70	0:22:44.65
10	243	Ade	Grimmond	0:24:22.65	0:25:45.35
11	285	Russell	Speechley	0:22:20.50	0:22:53.45
12	262	Dan	Marshman	0:22:52.70	0:23:25.95
13	205	Charles	Barclay	0:23:32.25	0:23:56.95
14	213	James	Box	0:24:22.55	0:23:17.85
15	257	Christina	Jenkins	0:22:42.85	0:23:16.95
16	248	George	Hay	0:22:51.45	0:23:09.05
17	269	Matt	Pachent	0:21:16.10	0:22:18.55
18	265	Tobias	Mittelstaedt	0:23:02.80	0:23:49.40
19	235	Steven	Georgiadis	0:22:48.85	0:22:34.10
20	286	Liam	Stephens	0:23:18.10	0:23:09.60
21	266	Alastair	Nicklin	0:23:16.55	0:25:05.60
22	210	Immo	Blaese	0:26:44.80	0:26:19.10
23	291	Matthew	Walker	0:25:33.75	0:25:44.30
24	295	Robert	Weinert-Aplin	0:00:00.00	0:00:00.00
25	305	Kelly	Genton	0:23:16.15	0:23:16.90
26	300	Calum	Williams	0:25:39.05	0:26:03.20
27	274	Saffron	Pineger	0:25:46.70	0:26:14.20
28	203	Barry	Andrews	0:23:59.75	0:23:47.50
29	251	Ivan	Hunt	0:26:58.50	0:28:22.05
30	220	Robert	Cuthbertson	0:00:00.00	0:00:00.00
31	206	Martyn	Barmby	0:26:24.25	0:28:28.40
32	280	Jonathan	Rigby	0:26:40.75	0:27:22.05
33	252	Robert	Hutchinson	0:27:42.55	0:30:24.85
34	284	Benedikt	Schueller	0:28:24.50	0:29:13.75
35	270	Grant	Paling	0:28:26.95	0:27:54.70
36	279	Kit	Reynolds	0:24:06.85	0:25:20.00

