

Sussex Sprint Triathlon
19th June 2016

Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	FinishTime
1	26	Mark	Frost	Team	1	T	1		0:11:21.15	0:00:27.20	0:37:08.40	0:00:17.20	0:22:26.00	1:11:39.95
2	32	Simon	Gresham	35-39	1	M	1	7oaks	0:11:22.15	0:00:39.00	0:42:21.05	0:00:35.05	0:19:51.90	1:14:49.15
3	30	Kieran	Green	16-24	1	M	2	Brighton tri club	0:12:52.10	0:00:29.70	0:40:45.00	0:00:19.55	0:21:56.30	1:16:22.65
4	34	Dan	Harwood	40-44	1	M	3	bexhill runners & triathletes	0:14:18.10	0:01:12.80	0:40:05.60	0:00:44.15	0:20:56.05	1:17:16.70
5	23	Russell	Farley	30-34	1	M	4		0:13:32.55	0:00:45.90	0:41:27.10	0:00:36.35	0:21:57.10	1:18:19.00
6	16	Daniel	Castle	25-29	1	M	5		0:13:17.60	0:00:43.70	0:44:21.05	0:00:27.00	0:20:40.20	1:19:29.55
7	65	Archie	Quinn	25-29	2	M	6	Wolf mountain	0:14:17.55	0:00:49.10	0:42:30.35	0:00:27.35	0:21:57.45	1:20:01.80
8	67	Byron	Rienstra	40-44	2	M	7		0:13:52.15	0:00:47.10	0:42:42.00	0:00:27.35	0:22:21.80	1:20:10.40
9	36	Chris	Hodge	40-44	3	M	8		0:14:34.45	0:01:05.35	0:41:22.25	0:00:36.35	0:22:57.65	1:20:36.05
10	31	Hannah	Green	25-29	1	F	1	Cambridge University	0:12:53.00	0:00:54.40	0:45:13.50	0:00:37.90	0:22:02.85	1:21:41.65
11	88	Peter	Bannister	16-24	2	M	9		0:11:40.95	0:01:27.90	0:44:32.55	0:00:47.40	0:23:38.70	1:22:07.50
12	48	Alistair	Leonard	25-29	3	M	10		0:16:00.45	0:00:58.00	0:43:10.35	0:00:39.95	0:21:45.50	1:22:34.25
13	42	Sean	Kelly	50-54	1	M	11		0:14:16.95	0:01:09.95	0:43:38.30	0:00:27.65	0:23:08.20	1:22:41.05
14	41	Simon	Irwin	50-54	2	M	12		0:14:56.55	0:01:03.70	0:43:02.35	0:00:31.30	0:23:29.70	1:23:03.60
15	84	Simon	Williams	50-54	3	M	13		0:14:18.60	0:02:16.90	0:45:30.95	0:00:46.75	0:22:30.35	1:25:23.55
16	14	Claire	Burnham	25-29	2	F	2	London Triathlon Club	0:14:55.50	0:01:07.95	0:46:44.80	0:00:37.10	0:22:10.55	1:25:35.90
17	3	Nick	Austen	45-49	1	M	14	Tunbridge Wells Tri	0:15:06.65	0:00:38.70	0:45:49.60	0:00:33.05	0:23:38.40	1:25:46.40
18	87	Monty	Quinn	16-24	3	M	15		0:13:06.70	0:01:52.50	0:44:54.75	0:00:52.15	0:25:26.20	1:26:12.30
19	71	Adam	Shaw	25-29	4	M	16		0:13:51.05	0:01:46.40	0:48:22.80	0:00:37.15	0:22:08.55	1:26:45.95
20	62	Christophe	Potel	40-44	4	M	17		0:14:28.75	0:00:54.45	0:46:16.25	0:00:29.20	0:24:55.35	1:27:04.00
21	59	David	Palmer	45-49	2	M	18		0:17:27.20	0:01:15.10	0:43:52.30	0:00:44.65	0:23:44.85	1:27:04.10
22	29	Garron	Gordon	40-44	5	M	19		0:16:35.70	0:01:04.00	0:48:00.70	0:00:40.90	0:20:46.30	1:27:07.60
23	25	Rupert	Franklin	45-49	3	M	20		0:17:10.50	0:02:00.40	0:44:22.25	0:00:45.35	0:23:34.25	1:27:52.75
24	54	Rory	McIntyre	45-49	4	M	21		0:17:26.10	0:01:57.00	0:45:24.50	0:00:44.45	0:22:30.70	1:28:02.75
25	9	Immo	Blaese	45-49	5	M	22		0:15:32.65	0:01:59.55	0:45:34.85	0:01:15.30	0:23:44.95	1:28:07.30
26	56	Joanna	Morris	35-39	1	F	3		0:14:26.60	0:00:59.50	0:48:28.70	0:00:27.45	0:23:55.65	1:28:17.90
27	69	Emily	Rose	25-29	3	F	4		0:13:41.35	0:01:18.45	0:50:06.10	0:00:42.10	0:22:31.60	1:28:19.60
28	43	Neil	Kempshall	50-54	4	M	23		0:15:45.45	0:02:14.15	0:46:45.15	0:00:58.15	0:23:26.10	1:29:09.00
29	5	Jeremy	Barker	50-54	5	M	24		0:18:15.85	0:01:14.80	0:44:37.90	0:00:48.55	0:24:16.75	1:29:13.85
30	53	Justin	McCormick	40-44	6	M	25		0:16:11.95	0:00:57.75	0:46:15.55	0:01:04.15	0:24:50.40	1:29:19.80
31	45	Paul	Knowles	40-44	7	M	26	THB	0:15:26.30	0:00:49.75	0:46:46.00	0:00:48.10	0:25:40.25	1:29:30.40
32	76	Niall	Temple	50-54	6	M	27		0:19:46.45	0:00:52.60	0:45:36.80	0:00:37.90	0:22:38.00	1:29:31.75
33	50	Gabriel	MacKenzie	25-29	5	M	28		0:16:54.35	0:04:04.15	0:43:18.25	0:01:53.15	0:23:22.80	1:29:32.70
34	35	James	Hennessy	45-49	6	M	29		0:18:19.20	0:01:09.70	0:45:56.40	0:00:43.85	0:23:26.35	1:29:35.50
35	82	Lauren	Whiting	30-34	1	F	5		0:13:45.10	0:01:05.35	0:48:18.60	0:01:00.65	0:26:11.45	1:30:21.15
36	40	Liam	Humble	35-39	2	M	30		0:13:02.95	0:01:10.55	0:51:40.90	0:01:19.85	0:24:30.30	1:31:44.55
37	2	Rob	Agnew	40-44	8	M	31		0:16:01.55	0:02:14.05	0:47:33.90	0:00:33.75	0:25:21.45	1:31:44.70
38	4	Sarah	Bailey	40-44	1	F	6		0:16:04.55	0:01:41.10	0:50:08.60	0:00:25.15	0:23:27.90	1:31:47.30
39	72	Marcus	Smith	45-49	7	M	32	7oaks Triathlon Club	0:13:49.90	0:01:12.50	0:49:39.05	0:00:32.30	0:26:36.80	1:31:50.55
40	27	Hazel	Fulker	45-49	1	F	7	FOREVERTRI	0:15:01.50	0:01:43.50	0:50:22.35	0:00:38.60	0:24:05.85	1:31:51.80

Sussex Sprint Triathlon
19th June 2016

Pos	Bib	Firstname	Lastname	Cat	Cat Pos	Gender	Gender Pos	Club	Swim	T1	Bike	T2	Run	FinishTime
41	61	Fleur	Peoples	16-24	1	F	8		0:18:04.90	0:01:42.50	0:50:07.45	0:00:42.40	0:21:22.10	1:31:59.35
42	11	Darren	Broderick	45-49	8	M	33		0:16:38.25	0:01:09.65	0:48:01.20	0:00:41.25	0:25:45.15	1:32:15.50
43	80	Hugo	Wastnage	45-49	9	M	34		0:16:22.90	0:01:35.25	0:47:53.70	0:00:46.05	0:25:48.45	1:32:26.35
44	12	Fiona	Bugler	45-49	2	F	9		0:17:05.65	0:01:34.50	0:51:46.05	0:01:23.30	0:22:02.70	1:33:52.20
45	28	David	Giles	45-49	10	M	35		0:15:32.95	0:01:18.05	0:49:30.60	0:00:25.65	0:27:09.40	1:33:56.65
46	79	Malcolm	Ward	40-44	9	M	36		0:17:19.40	0:01:37.35	0:49:06.65	0:00:47.95	0:25:20.65	1:34:12.00
47	70	Mark	Ryalls	45-49	11	M	37	BRT	0:17:21.90	0:00:57.85	0:49:13.15	0:00:57.10	0:26:03.35	1:34:33.35
48	21	Julian	Cosser	45-49	12	M	38	Julian Cosser	0:14:23.85	0:01:29.55	0:49:59.95	0:00:43.40	0:28:59.05	1:35:35.80
49	77	Matthew	Thomas	45-49	13	M	39		0:16:23.85	0:02:06.20	0:47:22.10	0:01:05.65	0:29:23.60	1:36:21.40
50	68	Ian	Rimmer	40-44	10	M	40		0:16:44.65	0:01:15.50	0:49:55.50	0:00:36.40	0:27:56.00	1:36:28.05
51	8	Sophia	Bartleet	45-49	1	TEAM	1		0:16:03.50	0:00:39.95	0:55:41.35	0:00:32.85	0:23:46.10	1:36:43.75
52	15	Frances	Burnham	55-59	1	F	10	Hastings AC	0:16:40.25	0:01:03.35	0:51:49.70	0:00:52.95	0:26:42.00	1:37:08.25
53	66	Kim	Richmond	30-34	2	M	41		0:15:48.35	0:02:06.40	0:50:12.70	0:01:11.60	0:28:11.60	1:37:30.65
54	78	Matt	Vale	35-39	3	M	42		0:20:07.55	0:02:06.60	0:50:09.05	0:00:53.70	0:24:26.50	1:37:43.40
55	24	Marc	Flinders	30-34	3	M	43		0:22:07.45	0:01:47.20	0:48:29.10	0:00:52.30	0:24:55.70	1:38:11.75
56	64	Thomas	Pritchard	60-64	1	M	44		0:14:58.25	0:02:00.30	0:52:15.90	0:01:05.55	0:28:30.45	1:38:50.45
57	51	Anna-Louise	Mackinnon	40-44	2	F	11		0:16:55.00	0:01:33.15	0:52:42.30	0:00:48.65	0:27:02.20	1:39:01.30
58	73	Joanne	Smith	45-49	3	F	12						0:28:13.70	1:40:12.70
59	7	Peter	Barnes	55-59	1	M	45	Brighton Multisports	0:20:24.45	0:01:15.55	0:49:29.00	0:00:52.35	0:28:17.05	1:40:18.40
60	49	Alistair	Levack	55-59	2	M	46		0:19:19.30	0:02:30.30	0:49:29.90	0:01:15.40	0:28:03.25	1:40:38.15
61	55	Henry	McLaughlin	30-34	4	M	47		0:20:44.85	0:02:50.15	0:49:24.05	0:01:02.10	0:26:44.30	1:40:45.45
62	63	Ruth	Pritchard	25-29	4	F	13		0:14:30.55	0:01:08.50	0:54:35.45	0:00:41.00	0:31:36.25	1:42:31.75
63	33	Simon	Hack	40-44	11	M	48		0:16:52.40	0:02:41.75	0:50:53.90	0:00:55.45	0:32:44.70	1:44:08.20
64	46	Annabelle	Lancaster	25-29	5	F	14		0:20:45.85	0:01:43.45	0:55:36.50	0:01:05.45	0:25:31.05	1:44:42.30
65	10	Matt	Bridgeman	45-49	14	M	49		0:17:38.60	0:01:58.60	0:56:27.25	0:00:40.00	0:30:58.15	1:47:42.60
66	18	Miriam	Charlery	40-44	3	F	15	Swale Tri Club	0:19:06.10	0:01:24.10	0:56:06.60	0:01:20.45	0:30:20.70	1:48:17.95
67	22	Tudor	Ellis	40-44	12	M	50		0:28:42.45	0:01:55.90	0:56:27.80	0:01:26.45	0:21:59.25	1:50:31.85
68	1	Cordelia	Adams	35-39	2	F	16		0:20:34.90	0:01:46.05	0:59:14.80	0:00:50.20	0:31:14.95	1:53:40.90
69	86	Michelle	Zimmer	30-34	2	F	17		0:20:08.35	0:02:28.70	0:57:33.80	0:00:21.90	0:33:12.10	1:53:44.85
70	58	Tess	Murray	25-29	6	F	18		0:15:20.95	0:03:06.25	1:17:27.65	0:00:41.65	0:20:47.05	1:57:23.55
71	20	Alan	Coe	50-54	7	M	51		0:21:32.70	0:01:42.00	0:59:45.70	0:01:28.85	0:33:04.45	1:57:33.70
72	60	Tom	Parkins	35-39	4	M	52		0:20:23.80	0:02:31.80	1:06:33.95	0:00:37.25	0:28:58.90	1:59:05.70
73	74	Rachael	Stephens	45-49	4	F	19		0:16:07.10	0:01:45.95	1:09:01.20	0:00:27.45	0:33:01.55	2:00:23.25
74	81	Berry	White	45-49	5	F	20		0:21:16.95	0:02:51.80	1:06:05.20	0:00:37.95	0:32:02.35	2:02:54.25
75	57	Louise	Murphy	45-49	6	F	21		0:21:13.45	0:02:53.75	1:05:51.40	0:00:53.15	0:32:02.90	2:02:54.65
76	6	Valerie	Barnes	55-59	2	F	22	Brighton Multisports	0:19:24.60	0:01:52.25	1:07:29.50	0:01:40.60	0:43:03.35	2:13:30.30
77	13	Clare	Bungey	30-34	3	F	23		0:24:24.90	0:03:31.05	1:10:19.10	0:00:37.00	0:36:16.45	2:15:08.50
DNF	47	Callum	Lelliott	16-24	DNF	M	DNF		0:10:57.60	0:00:33.65				